



We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



A Grand Rising

Spirituality is a practice that brings relief, communication, and transformation.

~ Thich Nhat Hanh, *How to Love*

[Visit our Website](#)

HAPPY NEW YEAR 2024

Welcome to the year 2024!

I, and your Center for Spiritual Living St. George Leadership Team, are so thankful for you and your support this past year. We all hope you have had a wonderful 2023 and know that this new year will be your best yet.



With January comes the birth of a new year, and it is traditional for CSL centers to take a fresh look at our foundational principles. Ernest Holmes wrote a letter for New Years many years ago called "A New Year and a New You." I am sharing it with you today because it touches upon a common question we ask ourselves this time of year: "Will this year bring the changes we are looking for?" In his letter, Ernest Holmes shares with us where the answer to this question lies and what we must do to receive it. Let us each do our part this year to manifest our perfect life, assist others to do so as well, and continue to evolve this amazing, caring, and supportive spiritual community.

Cheers and Happy New Year!
In Joy,
Rev Joe

A New Year and a New You
By Ernest Holmes, founder of Science of Mind

As we approach the New Year there is no need to let ourselves be bound by our old thought patterns...
READ THE LETTER HERE

Reverend Joe Kovach
Senior Minister
To contact Rev. Joe, please



PRAYER REQUESTS **Our Practitioners want to support you in prayer.**

Please email your prayer request to prayer@cslstgeorge.org or email practitioners individually at cslsg.org/about



To view Core Council minutes, please email: suegfullmer@gmail.com



email revjoe@cslstgeorge.org

Live Inspirational Service

In-Person 2nd Sunday

Online every Sunday

11:00am

(Online Live broadcast starts at 10:55am)

[FACEBOOK LINK](#)

[YOUTUBE LINK](#)

Community Zoom Conversation

After online-only services

12:00pm

[ZOOM LINK](#)



If you would like information about the financial status of Center for Spiritual Living St. George, please contact:

treasurer@cslstgeorge.org

January 2024 Weekly Talks

A Grand Rising!

In 2020, a global pandemic swept into our lives, shaking us out of our comfort zones. Collectively, we grieved the world we once knew, questioning how this experience would shape the world to come. The social distance provided an opportunity to reflect, go within and develop new hobbies. With all of these lessons learned and wisdom gained, we now have the opportunity to collectively participate in “A Grand Rising”. We have the freedom to shake off the years that have come before and step into our greatness. The Centers for Spiritual Living can no longer be the world’s best-kept secret. It’s time for us to emerge into this new world: driven by faith, leading with courage, and moving with action.



CSLSG Senior Minister Reverend Joe Kovach

January 7th It's a New Dawn

At the start of a new year, many of us like to set intentions for how we'd like to shift or show up throughout the year. Intention-setting has value every day, not just the first day of the year. How would our day and the rest of our lives unfold, simply by leaning into the beauty and grandeur of each new day? We are being invited to start each day with an intention to co-create a world that works for everyone, led by the Divine. Let's rise past the way things have always been, beyond circumstance, and into an incredible new year. As we shake off the ashes of the past, we are rising like a phoenix.

January 14th It's a New Day

This week, we honor the birth and legacy of Dr. Martin Luther King, Jr. This person served as a representation of a cultural movement towards equality, freedom and justice for all. Though Dr. King's impact is revered, he was a controversial figure in his time. Let's celebrate and honor the people in our own communities who are advocating for equality, freedom and justice for all. Our modern-day heroes are likely being met with vitriol, just as was Dr. King. This is our opportunity to greet this new era with love, our financial support, time, and talents towards the people and organizations that are contributing to our collective grand rising. It's a new day and history has its

eyes on us.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**

January 28th Feeling Good

The Centers for Spiritual Living vision statement is, "Creating a World that Works for Everyone". We are invited to put this vision into practice by intentionally participating in a collective "Grand Rising". Let's ask ourselves, what does a world that works for everyone actually look like? What action steps must be taken in our own communities to put this principle into practice? Each one of us was born at this moment in history for a reason. We are creating a ripple across our communities. To step out of our comfort zones, lean into our healing work, share our truth and co-create a world that works for everyone. And it feels so good.



January 21st Guest Speaker

TBA

It's a New Life

The universe has a tendency to laugh at our plans. Life can seem to get in the way of our dreams. How do we bring a grand rising into the rest of our lives, beyond the disappointment, discomfort, and perceived failure? By staying present and trusting the Divine. Every challenge being thrown at us shapes us into the people we're meant to become. The faith that we bring to challenges helps to build a faith muscle that allows us to overcome anything. Faith turns any impossible situation into a triumph. Let's remember that Spirit is by our side throughout the journey, always conspiring in our favor.



We believe the Power breathing us is greater than any circumstance, situation, or condition.

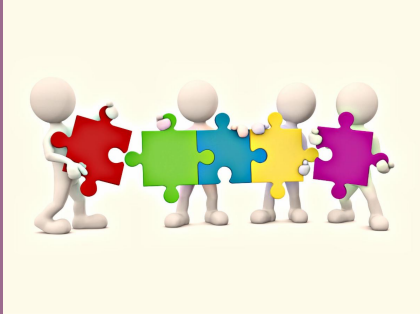
Our MISSION is to provide spiritual tools for personal and global transformation.

Our PURPOSE is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.

Our VISION is a world that works for everyone.

**Core Council Application
Deadline is Extended to**

January 31st



Please consider stepping into a fun and meaningful opportunity to serve your CSLSG community.

Application Deadline is January 31st.

Zoom Interview will follow.

Please eMail SOON for an application

to marinaanderson@cslstgeorge.org

Center for Spiritual Living St George **Events and Information**



IN-PERSON SUNDAY SERVICE!

January 14th, 11:00am

Come join us and bring a friend!!

262 Mall Drive

Entrance at the white awning.

Meet and greet at 10:30.

Stay after for a treat and socializing.

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.

Join us in song at the February Harmony Day Concert

CSLSG's Joy Singers are again participating in the Interfaith Choir Harmony Day Concert on February 17th. We will perform two songs and



will join the Interfaith Choir for a third. We had a grand time last year, and we invite you to join in the fun this time.

Let Allen or Marina know you are interested.

FLYER FOR HARMONY DAY



Want to lead a hike, organize a game night, plan a picnic?

Dream up what you would like to do and let us know. We'll put it on the Center's calendar and advertise it in the newsletter and on our Facebook page.

Reply to this email to get a gathering going.

STEP INTO THE ABUNDANT FLOW!

Give with Zelle: Zelle is a bank-to-bank transfer system. [HERE](#) are the instructions.

E-mail us if you need further assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website: cslsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771



Paypal online donation

Centers for Spiritual Living Opportunities



Centers for Spiritual Living has a lot to offer interested parties at csl.org. For example:

One of the longest published magazines in the country, **Science of Mind** magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at World Ministry of Prayer

CLICK for Heart of Peace Initiative

CLICK for Spiritual Living Circles

CLICK for CSL Books

CLICK for CSL Spiritual Tools

St George Interfaith Council Opportunities

Help with food distribution
on the second and last FRIDAYS
10 a.m. – 12:00 p.m.
Setup 9:30
GRACE EPISCOPAL CHURCH
1072 S 900E, St. George



St George Interfaith Choir To join rehearsals
any time contact
Kathy Brown kathybrown13@gmail.com.
All singers are welcome.



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132, St. George, UT 84771

[Unsubscribe stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by stgeorgecsl@gmail.com powered by



Try email marketing for free today!