

Open at the Top

Yearly Books:

A New Design for Living by Ernest Holmes

Healing Resistance: A Radically Different Response to Harm by Kazu Haga

Month	Theme	Book of the Month
January	Ancestral Wisdom, New Thought	<i>Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants</i> by Robin Wall Kimmerer
February	Embracing the Edge	<i>The Inward Journey</i> by Howard Thurman
March	What If?	<i>Multi-Species Cities: Solarpunk Urban Futures</i> Edited by Christoph Rupprecht, Deborah Cleland, Norie Tamura, Rajat Chaudhuri, & Sarena Ulibarri
April	Practice of Becoming	<i>The Endless Practice: Becoming Who You Were Born to Be</i> by Mark Nepo
May	Divine Doubt	<i>Disciplines of the Spirit</i> by Howard Thurman
June	Higher Deeper Love	<i>All About Love: New Visions</i> by Bell Hooks
July	Whole No Matter What	<i>What it Takes to Heal</i> by Prentis Hemphill
August	The Fear and the Furious	<i>Dare to Lead: Brave Work. Tough Conversations. Whole Hearts.</i> by Brené Brown
September	Radical Embodiment	<i>This Here Flesh: Spirituality, Liberation, and the Stories That Make Us</i> by Cole Arthur Riley
October	Dancing in the Shadows	<i>Decolonizing Nonviolent Communication</i> by Meenadchi
November	Empathy Expanding	<i>Daring Greatly</i> by Brené Brown
December	I Could Be Wrong	<i>Being Wrong: Adventures in the Margin of Error</i> by Kathryn Schulz