



**Message from
Practitioner
Christopher McArdle**



As I reflect on the past eight years of serving on the Board for Center for Spiritual Living St George, I am filled with a profound sense of gratitude and appreciation. It has been an incredible journey - one that has been marked by growth, challenges, and above all, a deep sense of fulfillment.

When I first embarked on this journey, I could not have imagined the impact it would have on my life. From the very beginning, I was met with warmth and support from each of you, and it is this sense of community that has made the experience truly unforgettable.

Together, we have weathered storms and celebrated victories. We have navigated through uncertain times with resilience and determination, always keeping our shared vision and mission at the forefront of our endeavors. And through it all, we have remained steadfast in our commitment to making a positive difference in the lives of those we serve.

As I look back on the countless hours spent in meetings, brainstorming sessions, and community events, I am reminded of the incredible dedication and passion that each member of our Board has brought to the table. It is this collective effort and unwavering dedication that has propelled us forward and enabled us to achieve great things for our Center and community.

I am also deeply grateful for the invaluable lessons I have learned along the way. Serving on the Board has not only allowed me to contribute to meaningful causes but has also provided me with opportunities for personal and professional growth. I have gained valuable insights into leadership, teamwork, and the importance of fostering strong relationships built on trust and mutual respect.

Completing my term on the CSLSG Board, I did so with a sense of pride in all that we have accomplished together. While my time serving in this capacity may have come to an end, my commitment to our Center and its vision and purpose remains as strong as ever.

It is with great joy and optimism that I pass the torch to new members and leadership who will take things to even greater heights. It is truly beautiful to witness the fresh perspectives, innovative ideas, and boundless enthusiasm that they bring to the table. I have every confidence that under their guidance, our Center will continue to flourish and make an even greater impact in the years to come.

Yet, I must admit, there is a bittersweet feeling as I bid farewell to my role on the Board. While I am excited for the future and all that it holds, I cannot help but feel a sense of sadness at the thought of no longer being actively involved in this remarkable journey. I will miss the camaraderie, the sense of purpose, and the feeling of being part of something truly special.

I am grateful for the friendships that have been forged, the memories that have been created, and the impact that we have made together. As we continue on this journey, let us carry forward the spirit of collaboration, compassion, and dedication that has defined our time together.

Thank you for the privilege of serving our community these past eight years. It has been an honor and a privilege that I will always cherish.

With deepest gratitude,
Christopher McArdle RScP

