



Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.

Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.

Our MISSION: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:

- *Sacred Wisdom Celebrations*
- *Empowering, Transformative Education*
- *Youth and Young Adult Programs*
- *Dynamic Music Ministry*
- *Community In-reach*
- *Community Out-reach*



2025 Rising Higher, Growing Deeper
September: Transcendent Purpose
Week of September 28th

Mission Possible

I know that ANYTHING is possible.

Visit our Website



Assistant Minister
Reverend Rachael Dilling

September 28th
Mission Possible

Join us for an inspiring exploration into the Science of Hope. Learn how to cultivate resilience, unleash creativity, and manifest your dreams through the power of Hope. Together, let's embrace hope as a transformative force in our lives and community. Don't miss out—hope awaits!

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**



Reverend Joe Kovach
Spiritual Director
Senior Minister

*To contact Rev. Joe, please email
revjoe@cslstgeorge.org*



Live Inspirational Services

In-Person
2nd and 4th Sundays
Online every Sunday
11:00am
(Online Live broadcast starts at 10:55am)

[FACEBOOK LINK](#)

[YOUTUBE LINK](#)

Community Zoom Conversation
After online-only services
12:00pm
[ZOOM LINK](#)



Heart Evolution

A COMMUNITY OF LOVE IN ACTION

Join us for the installation of
Rev. Joe Kovach as Senior Minister and
Rev. Rachael Dilling as Assistant Minister

Friday, October 17th
6:00 pm

Location is provided in the RSVP confirmation letter

<https://cslsginstallation.eventbrite.com>

Seating is limited. Please RSVP as soon as possible.

RSVP Before Sept 30th!

Use this link to the invitation for the
Heart Evolution Installation:

<https://www.eventbrite.com/o/center-for-spiritual-living-saint-george-17623446580>

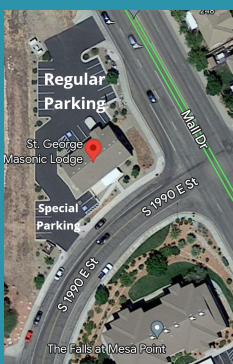
Come Celebrate With Us!



PRAYER REQUESTS

**Our Practitioners want to
support you in prayer.**

Email practitioners individually (click on their
picture) at cslsg.org/about



IN-PERSON SUNDAY CELEBRATION THIS WEEK!

**September 14th
11:00am**

Come join us and bring a friend!!

262 S Mall Drive



Pride in the Park

Pride celebration 2025 in St. George will be **Saturday, September 27** in **JC Snow Park** from **11-5** near the family fun

center. Come support and experience the Pride community celebration and entertainment! **A few special notes: There is only street parking near the park, which will probably go fast. About 4 blocks away there is lots of parking at Dixie High School. There will be a security scan and bag check at the entrance. SEE YOU THERE!**



Invest Your Time and Talent in Our Community!

We invite you to join in on the fun, companionship, and joy of service in our expanding Center. It takes many hands to bring our vision into fruition. Here's how YOU can help:

- Organizing snacks for in-person services (Chat with Diana)
- Sound tech. Allen provides training - anyone can do it!
- Greeter at services. (Talk to Anna)
- Do a 2-3 minute reading at online services
- Help setup before in-person service (Just show up at 10am!!)
- Clean up after services (simply stay and lend a hand!)
- **Help with Rev Joe and Rev Rachael's installation. Planning is happening NOW, contact Rev Rachael if you want to help... the event is October 17th - see info above!**

Email stgeorgecsl@gmail.com, revjoe@cslstgeorge.org, or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!

Visit our Website



Invest Your Treasure in Our Community!

Give with Zelle: [HERE](#) are the

instructions. EMail us if you need further assistance:
treasurer@cslstgeorge.org

Give Online: Paypal link is on our website (grey button below): [cslsg.org](https://www.cslsg.org) on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

Paypal online donation

THE DIGNITY INDEX

Ease Divisions. Prevent Violence. Solve Problems.

- 8 "Each one of us is born with inherent worth, so we treat everyone with dignity—no matter what."
- 7 "We fully engage with the other side, discussing even values and interests we don't share, open to admitting mistakes or changing our minds."
- 6 "We always talk to the other side, searching for the values and interests we share."
- 5 "The other side has a right to be here and a right to be heard. It's their country too."
- 4 "We're better than those people. They don't really belong. They're not one of us."
- 3 "We're the good people and they're the bad people. It's us vs. them."
- 2 "Those people are evil. They're going to ruin our country if we let them. It's us or them."
- 1 "They're not even human. It's our moral duty to destroy them before they destroy us."

Learn more at dignityindex.us
or email us at dignityindex@unite.us

Building Skills for Dignified Disagreement

Honoring someone's dignity can be difficult, especially when situations get **heated**. Follow these steps when stress rises – and join the movement of Americans **easing divisions, preventing violence, and solving problems** by choosing dignity over contempt.

-  **Be curious, not furious**
When there is a disagreement, approach it with curiosity, using language that invites dialogue.
-  **Regulate then debate**
When you start to get upset, pause and take a breath before speaking.
-  **Listen to hear, not to respond**
Really listen to the other person and consider summarizing briefly what you heard.
-  **Challenge ideas, don't attack people**
Speak your truth but do it with dignity.
-  **Acknowledge knowledge**
When someone else makes a logical or interesting point, acknowledge their point.
-  **Build up rather than tear down**
Advocate, explain, and build up your idea rather than just attacking others' ideas and/or dehumanizing people.

Take the Dignity Pledge:

As an American who knows and loves my country, I am convinced there is no America without democracy, no democracy without healthy debate, and no healthy debate without dignity; therefore, I pledge to do more to treat others with dignity, not contempt.

Visit our Website



Center for Spiritual Living St. George | PO Box 3132 | St. George, UT 84771 US

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