



Divine Doubt:

The Sculptor of Conscious Faith

Our May theme, *Divine Doubt*, invited me to reflect on my own spiritual journey and one of my earliest understandings of God as *Good, Orderly Direction*. A meditation teacher once introduced me to a practice called *the Three Gates*—a simple, though not always easy, way to navigate doubt and discern whether to speak or remain silent:

Before speaking, ask:

1. Is it true?
2. Is it kind?
3. Is it necessary?



On the path of spiritual maturity, we often confuse certainty with strength. Doubt is commonly seen as a weakness or failure of faith, yet within the *Science of Mind* and a soul-inspired life, doubt is a powerful catalyst for growth.

There was a time when I believed very little. Through what I now call a *crisis of consciousness*, I turned inward to examine what I truly believed. I've come to see Divine Doubt as a sacred interruption of autopilot—a moment when the soul reveals that inherited beliefs and outdated stories no longer fit who we are becoming. Letting go of familiar identities can be painful, but it opens the way to deeper truth.

The Purpose of Inquiry

When engaged consciously, doubt shifts from threat to tool. It refines us, stripping away conditioning and fear-based thinking so we can live more authentically. Inquiry moves faith beyond habit into lived experience, where it becomes resilient rather than fragile.

A soul-inspired life requires patience—with ourselves and with others. The need to have all the answers immediately can rob us of the grace that unfolds through trust and time.

Embracing the Unknown

As I learned to quiet my mind on my spiritual path, I discovered that intuition speaks most clearly when certainty softens into curiosity. Doubt prevents faith from becoming stagnant. Your questions are not signs of failure but of evolution—an invitation into a deeper relationship with the Divine.

I am deeply grateful for this community. When asked why I chose to serve in St. George, I realized the answer: I released where I thought I should be and embraced what life was offering me.

In Service and Peace,

Scott Thompson, RScP

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