



## **Embracing Possibilities**

Possibilities...reminds me of a song by Tina Turner, “What’s Love Got to do With It?”

And the answer is EVERYTHING! We are not of this world, we make it every moment with every thought and we are not alone with these thoughts. This is a world of cause and effect that is being experienced by everyone, and it’s filled with possibilities, both good and bad. Good and bad are two sides of the same coin. That, in science, is called duality. We can see both sides of a coin, however, what’s forgotten is there is only one coin. In that one coin lay every possibility of thought about that coin. You could say that coin represents wholeness, being complete of itself. That coin could represent several ideas, such as YOU as a person, or even as Source, or God as One Mind that holds all within Itself. You are never alone in your thoughts.



A forgotten phrase I learned long ago is in any situation I found myself experiencing, I could question my thoughts, like “what else is possible?” There are myriad possible choices and a good portion of them are not even ours. They are trained, conditioned old beliefs that no longer serve us, and this is the only place I find that I have a choice to choose something else. I can’t change what’s “out there,” I can only change what’s inside me.

So last year, January 1, 2025, I made a decision that took 365 days to complete. I have never done that before in my life - resolutions always failed for me. This, however, I did faithfully, even though there were days of mind wrenching disbelief, I stayed the course. This was A Course In Miracles training, truth vs falsehood, that has and is still leading me to Tina Turner's song. I had to learn what LOVE has to do about anything. I had to love the old away and love the new in. It’s possible, doable and I am proof (inside me). It is done. A Course In Miracles changed the way I look at everything. How we choose to see things changes everything. No more blame or shame or grief or sadness, only Love or the cry for Love do I see. The wholeness of the coin is my own mind where I forgive myself and I return to Love. Without training my own mind, I would still be confused about any direction; it would still be hit and miss.

I am now taking time for myself away from being a Practitioner for CSLSG. With this decision, I am discovering how many ways I can love myself into The SELF I already am, open for service to all. Which, in turn, bridges a new world into being created by LOVE. Welcome home. May you find the peace you are searching for.

Nothing real can be threatened, nothing unreal exists, therein lies the peace of God. (ACIM)

There is only One Mind, that Mind is God’s Mind, that Mind is my mind. (Science of Mind)

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