



*We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.*



**Living Out Loud!  
Speaking Truth to Circumstances**

**If you change the way you look at things,  
the things you look at change.**  
~ attributed to Max Planck (famously quoted by Wayne Dyer)

Visit our Website



### The Circumstance of Freedom

Abundant Blessings to you! This month's theme is "Speaking the Truth to Circumstances," it aligns perfectly, being that in July, we celebrate our country's independence and freedom from authoritarian leadership. For me, the sense of feeling free is of utmost importance in every decision I make. Early in my life, I was taught and believed that freedom was something outside of me and often not entirely in my control, if at all. Because of this belief, much of my energy went to trying to control the uncontrollable in order to feel free and, thus, happy. I failed at it miserably, as do all who try to change their circumstances from the outside in.

According to the Oxford Languages website, the word "circumstance" is derived from two Latin roots which, when



### PRAYER REQUESTS

**Our Practitioners want to support you in prayer.**

Please email your prayer request to **[prayer@cslstgeorge.org](mailto:prayer@cslstgeorge.org)** or email practitioners individually at **[cslsg.org/about](mailto:cslsg.org/about)**

combined, create “circumstare,” meaning encircle, encompass. So, our circumstance is the activities of life that we find ourselves surrounded by. At times we all find ourselves in a circumstance where we are feeling alone, sick, broken, angry, or not good enough. Suppose we are unaware of our divine co-creative power. In this case, we give our focus, and thus our power, to the circumstances, to the people, places, and events we do not want to experience.

The *Science of Mind* teaches that our circumstances are the effects of what we are thinking and feeling. When we are not mindful of our thoughts and beliefs, we try to change our lives from the outside. It is like trying to change the color of a firework after it explodes! To change the color, we must start at the cause, in this case, adding the color wanted to the gunpowder. For a person to make meaningful changes in their life, they must begin at the cause of all their effects, their thinking. Thinking, or our consciousness, is the cause, and what shows up in our lives is the effect.

Just like fireworks have warnings and directions, maybe ours can be found in the simple yet profound saying, “Thoughts become things.” What I know to be true is the more I am mindful of my thoughts and feelings, the more I find myself in circumstances of peace, laughter, happiness, and, of course, freedom!

In 1927, for the first issue of *Science of Mind* magazine, Ernest Holmes created the Declaration of Principles, known as our “What We Believe” list. One principle states: “We Believe the ultimate goal of life to be a complete emancipation from all discord of every nature, and that this goal is sure to be obtained by all.” This month, as we celebrate freedom, I ask that we each make time to become aware of our circumstances, recognize that they are all an effect of what we have been thinking, and replace them, if needed, with new thoughts. Thoughts that feel good because they are aligned with the Source of all Freedom, the First Cause, Spirit!



Reverend Joe Kovach  
Senior Minister

To contact Rev. Joe, please  
email [revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org).

## Sunday Gatherings

**Inspirational Service**

In-Person 2nd Sunday

Online every Sunday

11:00am

(Online Live broadcast will start at 10:55am)

[FACEBOOK LINK](#)

[YOUTUBE LINK](#)

Community Zoom Conversation  
After online services



## **CSLSG Community Care Circle**

Let us provide compassionate support with Life's challenges and joys.

Leave a message at  
435-893-6702

to engage this free and confidential service

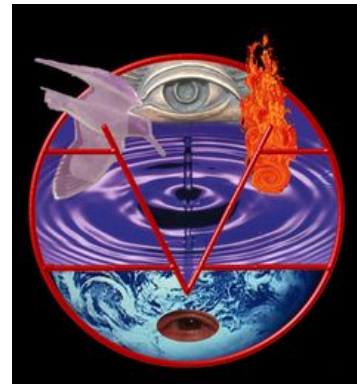


To view  
Core Council minutes, please  
email:  
[suegfullmer@gmail.com](mailto:suegfullmer@gmail.com)



If you would like information about the financial status of Center for Spiritual Living St. George, please contact:  
[treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

12:00pm  
[ZOOM LINK](#)



## July 2023 Weekly Talks

### **Living Out Loud!** **Speaking Truth to Circumstances**

Despite appearances, nothing is greater than the Infinite Presence. “One alone, in consciousness with the Infinite, constitutes a complete majority.” When we attempt to fight outside circumstances, we only give those circumstances power in our mind. “The practitioner does not fight evil. They know there is no evil.” When we engage in fighting with the outer, we are caught up in belief in separation and have lost faith in the Infinite Oneness. This does not mean we sit on our prayer chairs and do nothing. It means we first gain the high perspective, so we can be most effective in our actions.



#### **CSLSG Senior Minister Reverend Joe Kovach**

##### *July 2nd Monsters, Inc.*

“Power” is a word that triggers many reactions in people. But there is really only One Power. And there’s no need to “speak truth” to that Power because Truth and Power are one in the spiritual realm. What we’re really facing is the smoke and mirrors of circumstance, and fear based attempts at control masquerading as “power.” Those crumble in the face of Truth.

##### *July 9th Got Me Hypnotized*

Songwriter Bob Welch, while he was with Fleetwood Mac, wrote a song called “Hypnotized.” The last verse closes with: “Now you know it's a meaningless question to ask if those stories are right, 'cause what matters most is the feeling You get when you're hypnotized.” Don Miguel Ruiz refers to it as “domestication.” New Thought refers to it as “the collective unconscious.” It is the collective dream in which we are all so enmeshed that we don’t even know it’s a dream. All around us, we are being called to wake up. Let us say yes, even if we’d rather stay hypnotized in the dream, because it feels so good. “Living is easy with eyes closed, misunderstanding all you see.”  
John Lennon

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.  
PLEASE SEE DETAILS BELOW.**

##### *July 23rd The Wise Warrior*

The Greek philosopher Plotinus said, “I do not argue, I contemplate, and as I contemplate, I let fall the seeds of thought into the mirror of mind, which then becomes the mirror of matter.” The way of the world is the unpeaceful, unwise warrior. They joust at every windmill that comes along. The wise warrior is already anchored in peace and poise. They are focused on what needs to happen without needing to fight. They recognize that all is one already. All they bring is a recentering into that oneness. “One, alone in consciousness with the Infinite, constitutes a complete majority.”



*July 16th Guest Speaker*

**Jeffon Seely**

Standing on Shiva

There is a Hindu story of a battle taking place between the gods and demons. The demons were winning, and the gods turned to Durga, known as the goddess of compassion and mothering to do something. Out of her forehead sprang the fierce warrior goddess Kali. Kali proceeded to destroy the demons, but in her frenzy then began killing everyone. Shiva, the destroyer of illusion, threw himself under her feet, allowing her to come to herself and stop mindlessly killing. When we go to war with conditions, we can get lost in the battle, forgetting our real purpose. Grounding in Truth brings us back to remembering.



*July 30th*

**Practitioners Plugged-In**

The Standing Stones

Circumstances can seem very real, like stone walls in our path. But Ernest reminds us "...to think independently of any existing circumstances. This is what is meant by entering the Absolute." (SOM 417.2) By entering this realm of thinking, we connect with the Infinite Power, from which all circumstances spring, but which is greater than any circumstance.



**We believe the Power breathing us is greater than any circumstance, situation, or condition.**

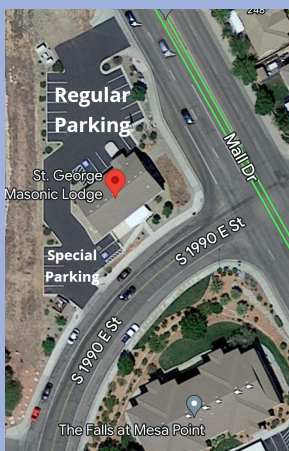
*Our MISSION is to provide spiritual tools for personal and global transformation.*

*Our PURPOSE is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.*

*Our VISION is a world that works for everyone.*

**Center for Spiritual Living St George**

# Events and Information



## IN-PERSON SUNDAY SERVICE!

July 9th, 11:00am

**Come join us and bring a friend!!**

This month's IN-PERSON is as usual on the second Sunday, July 9th. (We will also broadcast live as usual for those who cannot be present.) Doors will open at 10:30am.

**Please arrive a few minutes early to meet and greet  
We will have treats to share after service,  
so plan to stay for a bit to connect.**

Please remember the parking just outside the white awning entrance (7 spots) is reserved for our guests who have mobility concerns.



## *Join us in the FLOW!*

**Give with Zelle:** Zelle is a bank-to-bank transfer system. HERE are the instructions. Email us if you need further assistance:

[treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

**Give Online:** Paypal link is on our website: [cslsg.org](http://cslsg.org) on the Donation page; or Paypal direct with **blue button below**.

**Give by Mail:** Send checks to CSLSG

Paypal online donation

## Centers for Spiritual Living Opportunities



**Centers for Spiritual Living has a lot to offer interested parties at [csl.org](http://csl.org). For example:**

- CLICK** to request a prayer at World Ministry of Prayer
- CLICK** for Heart of Peace Initiative
- CLICK** for Spiritual Living Circles
- CLICK** for CSL Books
- CLICK** for CSL Spiritual Tools

**How to Connect with Us!**

Like us on Facebook: CSL Member Connection  
 [Facebook.com/groups/CSLlaity/](https://www.facebook.com/groups/CSLlaity/) 

Subscribe to the CSL Member Council YouTube channel  
 [CSL Member Council](https://www.youtube.com/channel/UC...) 

Email us at: [CSLMemberCouncil@gmail.com](mailto:CSLMemberCouncil@gmail.com)

Sign up for the CSL mailing list: <https://csl.tfaforms.net/233> 

## **Member Council Invitation**

Want more information on what it means to be a member of Centers for Spiritual Living? To have a place to make suggestions or comments about your experience? To connect

with CSL members globally? Get newsletter updates? Or maybe even get more involved?

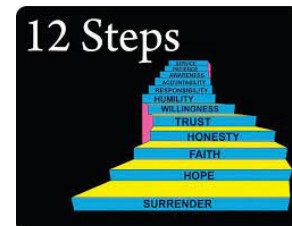
**The CSL Member Council invites you to check them out.**

## St George Interfaith Council Opportunities

**Suicide Prevention Coalition** (through Southwest Behavioral Center) is looking for new Interfaith Council members. If you are interested in serving our greater St George Community in this way, please contact Teresa Willie at: [twillie@sbhcutah.org](mailto:twillie@sbhcutah.org)



**Reverend Jimi Kestin** announced new meetings for **12-step** that involves a deep dive of the 12 steps in a faith-friendly meeting. These will be held at Solomon's Porch and include the Biblical basis for the 12 steps, the goals and roots.



Help with food collection every month

on the second and last Saturday  
11:30 a.m. – 1:00 p.m.  
GRACE EPISCOPAL CHURCH  
1072 S 900E, St. George  
For more information, click [HERE](#)



**St George Interfaith Choir** is led by **Kathy Brown** [kathybrown13@gmail.com](mailto:kathybrown13@gmail.com). **Singers are welcome** to join the St George Interfaith Council at any time.



**Centro Latino** serves to teach English and other services to help with the adjustment into this country.

Contact Mike Aitken at:  
[aitkenback@gmail.com](mailto:aitkenback@gmail.com)

**CENTRO  
LATINO**



(435) 720-5066

449 S 300 E, St. George, UT 84770

Recursos para ayudar a la comunidad  
Resources to help the Latino Community

Clases de Inglés	English Classes Every
Gratis Cada	Tuesday 7pm
Martes 7pm	Wednesday 7pm
Miércoles 7pm	Thursday 7pm
Jueves 7pm	Sunday 7pm
Domingo 7pm	



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

STAY CONNECTED



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