

We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



Living Out Loud!

Cultivating Authenticity

Week of March 12, 2023

Dropping the Masks and Bushels

Because true belonging only happens when we present our authentic, imperfect selves to the world, our sense of belonging can never be greater than our level of self-acceptance.

~ Brene Brown, Daring Greatly

Visit our Website

CSLSG Senior Minister Reverend Joe Kovach





## Dropping the Masks and Bushels

Human beings wear masks at different times for different reasons. There are also times and situations that we wear "masks," changing or hiding who we are, to protect our heart and emotions. Hiding what we think and feel from others because we want to be accepted and belong keeps our light from being seen; it

would be similar to hiding a candle under a bushel (basket) rather than putting the lit candle in a holder to light the room. Having the courage to be vulnerable, to drop our mask and let our light be seen and felt, is another piece in cultivating authenticity.



Reverend Joe Kovach Senior Minister

If you have questions or comments for Rev. Joe, please email revjoe@cslstgeorge.org.

# Online Sunday Gatherings Inspirational Service 11:00am

(Broadcast will start at 10:55am with announcements and video)

FACEBOOK LINK
YOUTUBE LINK

Community Zoom Conversation 12:00pm ZOOM LINK

#### PRAYER REQUESTS

Our Practitioners want to support you in prayer. Please email your prayer request to prayer@cslstgeorge.org or email practitioners individually at cslsg.org/about



## CSLSG Community Care Circle

Let us provide compassionate support with Life's challenges and joys.

> Leave a message at 435-893-6702 to engage this free and confidential service



We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our <u>MISSION</u> is to provide spiritual tools for personal and global transformation.

Our <u>PURPOSE</u> is to awaken humanity to its spiritual magnificence; to awaken our

community to its Divine Nature and the greatest expression of who we are.

Our <u>VISION</u> is a world that works for everyone.



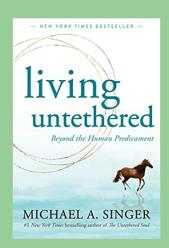
#### **IN-PERSON** Gathering

#### Saturday March 11th

10am - Noon
Socializing and Snacks
Noon to 2pm
Watching CSL
Conference Videos

(Feel free to bring a sack lunch)

Come gather with your friends and community!
West Springs Clubhouse
225 W Valley View Drive



#### **CSLSG BOOK CLUB**

THURSDAYS 6 - 7pm MST

Come join the conversation even if you don't have the book!! Email for info: suegfullmer@gmail.com



**IN-PERSON** Gathering and Annual Meeting

#### Saturday April 8th

10am - Noon

Socializing and Snacks nancial Reports and Center Updates

Come gather with your friends and community!

Location TBD

### Spread the Love!

**Give with Zelle**: Zelle is a bankto-bank transfer system. <u>HERE</u> are the instructions.



EMail us if you need further assistance: <a href="mailto:treasurer@cslstgeorge.org">treasurer@cslstgeorge.org</a>

**Give Online**: Paypal link is on our website: <u>cslsg.org</u> on the Donation

page; or Paypal direct with blue button below.

**Give by Mail:** Send checks to CSLSG PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | https://www.cslsg.org

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