



*Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.*

*Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.*

*Our MISSION: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:*

- \*Sacred Wisdom Celebrations*
- \*Empowering, Transformative Education*
- \*Youth and Young Adult Programs*
- \*Dynamic Music Ministry*
- \*Community In-reach*
- \*Community Out-reach*



**JANUARY 2026**

**2026 Open at the Top  
January:  
Ancestral Wisdom, New Thought**

In the Western tradition there is a recognized hierarchy of beings, with, of course, the human being on top – the pinnacle of evolution, the darling of Creation – and the plants at the bottom. But in Native ways of knowing, human people are often referred to as ‘the younger brothers of Creation.’ We say that humans have the least experience with how to live and thus the most to learn – we must look to our teachers among the other species for guidance. Their wisdom is apparent in the way that they live.

— Robin Wall Kimmerer, *Braiding Sweetgreass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants*

[Visit our Website](#)



### *When the Path Isn't Clear*

January often arrives without clear instructions.

The holidays have passed, the calendar has turned, and here in St. George the desert feels especially quiet. The red cliffs hold their stillness. The mornings are cool and quiet. The landscape isn't pushing forward—it's resting, waiting, trusting something unseen is already at work beneath the surface.

As your Spiritual Director, I want to name something that often goes unspoken: **not knowing is not a spiritual failure.** It is a spiritual season.

Many of us step into January feeling pressure to have clarity—to know what's next, to have new goals and feel motivated, to sense forward momentum towards growth. Yet spiritual maturity is not measured by certainty. It is revealed in our willingness to stay present when the path ahead has not yet fully formed.

*Ernest Holmes reminds us, “Faith is a mental attitude so poised that it can trust in the good, even when the good has not yet appeared.”* That kind of faith doesn't demand



answers. It rests in relationship—with Spirit, with Life, with the unfolding nature of the Law.

This last year, I focused on the idea of not having to know it all, or have it all to move forward. I trusted that what I feel is missing will present itself as I need it, not before. The desert teaches this well. In winter, nothing looks busy. Growth is not obvious. And yet, beneath the soil, life is quietly preparing. Roots are strengthening. Seeds are gathering energy. What appears still is not stagnant.

Perhaps this new year is not asking you to move faster or decide to do more. Perhaps it is inviting you to **trust the Presence that already knows the way**, even if you do not.

As a community, we don't walk alone through these uncertain spaces. We pray, meditate, and celebrate on Sundays together. We listen and learn together. We remind one another that clarity is not forced—it emerges when we are ready to receive it.

If your path feels unclear right now, you are not behind. You are not lost. You are standing at a sacred threshold, where Spirit is doing some of its deepest work.

May this month and new year be gentle with you.

May you allow the quiet moments of being in-between.

And may you trust that the next step will reveal itself—right on time.

**With love and faith,**

**Rev. Joe**



**Reverend Joe Kovach**

Spiritual Director

Senior Minister

*To contact Rev. Joe, please email*

*[revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org)*

## **January 2026 Weekly Talks** **Ancestral Wisdom, New Thought**

This month's theme begins with Divine Mind and Maple Sugar, exploring the nature of the Divine, of humanity, and of the synchronicities that enrich our lives. Is it any wonder that temperature, light, plant biology, and ancestral wisdom come together to make maple syrup possible? Circulation and Wild Strawberries invites us to rediscover the flow of good, both into our lives and through us, into the world. Doesn't that which is given and shared, like the sweetness of wild strawberries, offer us the richest returns? The theme continues with Cause and Effect in the Sweetgrass, reminding us that we have all the knowledge we need. It's time now to put it into practice by living in alignment with Principle. Just as the sweetgrass grows best when mindfully harvested, clearing away space for new plants to grow, so too we can clear away the weeds in our subconscious. Finally, Infinite Possibilities and Sacred Kinship paints a picture of exploring the ideas of Oneness, allegiance and reciprocity, where every living being is truly One. What might we



### **Live Inspirational Celebrations**

In-Person

2nd and 4th SUNDAYS

Online every Sunday

11:00am

(Online Live broadcast starts at 10:55am)

**FACEBOOK LINK**

**YOUTUBE LINK**

Community Zoom Conversation

After online-only services

create together with the Infinite Power we've  
been given?

12:00pm  
**ZOOM LINK**



CSLSG Spiritual Director  
and Senior Minister  
**Reverend Joe Kovach**

*January 4th*  
**Divine Mind and Maple Sugar**

**THIS CELEBRATION IS ONLINE.**  
**Center Musician: Allen Stanley**

In Science of Mind, we are taught that the entire Universe conspires for our good. Indigenous wisdom supports and deepens this idea, honoring the interconnectedness of all.

This week, we'll share the story of the Maple Sugar Moon, and discover the communion of weather, botany, squirrel wisdom and human effort in creating the magic of maple sugar. How is the Universe conspiring for the highest good of all right now?

*January 11th*  
**Circulation and Wild Strawberries**

**THIS CELEBRATION IS IN-PERSON (and online) AT THE MASONIC LODGE.**  
**PLEASE SEE DETAILS BELOW.**  
**Guest Musician: Steven Stay**

Experience the sweetness of giving and receiving at "Circulation and Wild Strawberries" as we explore the Law of Circulation and the ever-givingness of the Divine. Inspired by the Indigenous wisdom of the Potawatomi people as well as Chapter 3 of *The Science of Mind*. How might your life change if you gave and received as freely as wild strawberries grow?

*January 18th*  
**Cause and Effect in Sweetgrass**

**THIS CELEBRATION IS ONLINE.**  
**Center Musician: Allen Stanley**

Explore the magic of co-creation with "Cause and Effect in the Sweetgrass." This week we continue explore the creative process and the richness of partnering with the natural world, inspired by the Indigenous wisdom of the Potawatomi people as well as Chapter 4 of *The Science of Mind*. How can we deepen our intentional co-creation to include the wellbeing of all life?

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**Reverend Rachael Dilling**  
*January 26th*  
**Infinite Possibilities**  
**and Sacred Kinship**

**THIS CELEBRATION IS IN-PERSON (and online) AT THE MASONIC LODGE. PLEASE  
SEE DETAILS BELOW.**  
**Center Musician: Allen Stanley**



Imagine a more expansive way of living with “Infinite Possibilities and Sacred Kinship” while we explore the ideas of Oneness, allegiance and reciprocity, where every living being is truly One. We’ll find inspiration from the Indigenous wisdom of the people of the Haudenosaunee Confederacy as well as Chapter 2 of *The Science of Mind*. What might we create together with the Infinite Power we’ve been given?

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## **WINTER SOLSTICE CELEBRATION 2025**

On Sunday, December 21, CSL again celebrated the Winter Solstice at the Kayenta Desert Rose Labyrinth, repeating the popular event of 2024. The event attracted as many as 70 people and included a meditative labyrinth walk shepherded by Marina Anderson and a drum circle, led by Greg Johnson. Participants were encouraged to let go of the old while silently walking the labyrinth, and to pick up a heart shaped agate at the structure's center, symbolizing taking up new directions and blessings for the new year.

We welcomed back Greg Johnson as leader for the drum circle, who led many drum circles at CSL prior to the pandemic. Anna and Rick Cannata set up and organized the event and site, providing hot wassail and ginger snaps. Reverend Rachael Dilling blessed us with opening and closing prayers and welcomed everyone to the event. Sue Fullmer gave an incense blessing and Marina provided a land acknowledgement in honor of the Native peoples. Tim McGeachy acted as photographer and publicist for the event.

Drums, rattles, and various other instruments provided soothing rhythms as the sun set dramatically over the surrounding desert landscape. Under a spectacular winter sky, it was an ethereal experience for all. We welcomed many new people including several Kayenta residents. It was a great step in expanding our Center's gatherings and to continue to introduce CSL to the greater community.



**Desert Rose Labyrinth Walk**



**Celebratory Drum Circle**

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## **Center for Spiritual Living St George** **Events and Information**

<https://csl.org/>



### PRAYER REQUESTS

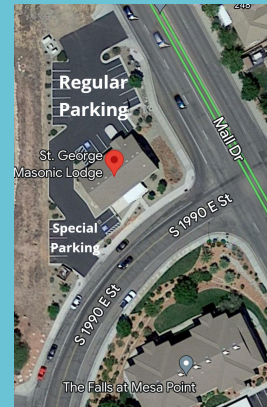
**Our Practitioners - Sue, Bill, and Starr - want to support you in prayer.**

Email practitioners individually (click on their picture) at [cslsg.org/about](https://cslsg.org/about)

### **IN-PERSON SUNDAY CELEBRATIONS!**

**January 11th and 26th  
11:00am**

**Come join us and bring a friend!!  
262 S Mall Drive**



### ***Invest Your Time and Talent in Our Community!***

**We invite you to join in on the fun, companionship, and joy of service in our expanding Center. Here's how YOU can help:**



- Organizing snacks for in-person services (Chat with Diana)
- Sound tech. Allen provides training - anyone can do it!
- Greeter at services. (Talk to Anna)
- Do a 2-3 minute reading at online services
- Learn how to stream our services (Talk to Marina or Bill)
- Help setup before in-person service (Just show up at 10am!!)
- Clean up after services (simply stay and lend a hand!)

**Email [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com), [revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org), or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!**

Visit our Website

***Invest Your Treasure  
in Our Community!***



**Give with Zelle:** HERE are the instructions. EMail us if you need further assistance:  
[treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

**Give Online:** Paypal link is on our website (grey button below):

[cslsg.org](https://cslsg.org) on the Donation page; or Paypal direct with **blue button below**.

**Give by Mail:** Send checks to CSLSG  
PO Box 3132, St. George, UT 84771

Paypal online donation



To view  
Core Council minutes, please email:  
[rickcannata@cslstgeorge.org](mailto:rickcannata@cslstgeorge.org)



To get information  
about the financial status of  
Center for Spiritual Living St. George,  
please email: [treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

## Centers for Spiritual Living Opportunities <https://csl.org/>

Centers for Spiritual Living has a lot to offer at [csl.org](https://csl.org/).

Published for nearly 100 years, *Science of Mind* magazine subscription can be obtained at:  
<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at **World Ministry of Prayer**

CLICK for **Heart of Peace Initiative**

CLICK for **Spiritual Living Circles**

CLICK for **CSL Books**

CLICK for **CSL Spiritual Tools**



## St George Interfaith Council Opportunities

### PRAYER OVER THE CITY

This annual event will be held at the LDS Tabernacle building on Main Street at Noon on January 1st. Everyone is invited to attend. Organized by the Interfaith Council, faith leaders from many of the local sixteen or so faith institutions will share a prayer for our beloved city. Mark your calendars!!



### Interfaith Council is in need of a new webmaster.

If you have the desire to service your community in this way, please contact [stgeorgeinterfaithcouncil.org](https://www.stgeorgeinterfaithcouncil.org). Training is available and requires a commitment of approximately three hours a month.



### INTERFAITH HARMONY DAY 2026

This LOCAL AND NATIONAL event will be held on March 18, 2026 at the Desert Hills High School. The Interfaith Choir and many other local singing groups will perform. **SAVE THE DATE!**



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

STAY CONNECTED



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