



Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.

Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.

Our MISSION: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:

- *Sacred Wisdom Celebrations**
- *Empowering, Transformative Education**
- *Youth and Young Adult Programs**
- *Dynamic Music Ministry**
- *Community In-reach**
- *Community Out-reach**



**2026 Open at the Top
February:
Embracing the Edge**

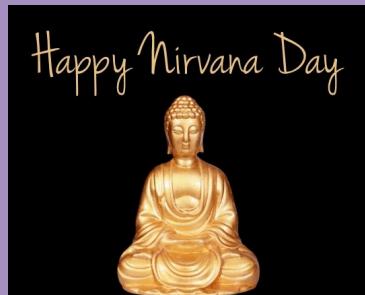
We have externalized our lives to such an extent that, more and more, the only real things seem to be what we can touch, see, hear, taste, and smell. As long as we

dealing with objects at the level of the senses we think that we are on ground that is safe and therefore certain... What is forgotten is the fact that life moves at a deeper level than the objective and the data of our senses. We are most alive when we are brought face to face with the response of the deepest things in us to the deepest thing in life.

— Howard Thurman, *The Inward Journey*

[Visit our Website](#)

BLACK HISTORY MONTH



Embracing Possibilities

Possibilities...reminds me of a song by Tina Turner, "What's Love Got to do With It?"

And the answer is EVERYTHING! We are not of this world, we make it every moment with every thought and we are not alone with these thoughts. This is a world of cause and effect that is being experienced by everyone, and it's filled with possibilities, both good and bad. Good and bad are two sides of the same coin. That, in science, is called duality. We can see both sides of a coin, however, what's forgotten is there is only one coin. In that one coin lay every possibility of thought about that coin. You could say that coin represents wholeness, being complete of itself. That coin could represent several ideas, such as YOU as a person, or even as Source, or God as One Mind that holds all within Itself. You are never alone in your thoughts.



A forgotten phrase I learned long ago is in any situation I found myself experiencing, I could question my thoughts, like "what else is possible?" There are myriad possible choices and a good portion of them are not even ours. They are trained, conditioned old beliefs that no longer serve us, and this is the only place I find that I have a choice to choose something else. I can't change what's "out there," I can only change what's inside me.

So last year, January 1, 2025, I made a decision that took 365 days to complete. I have never done that before in my life - resolutions always failed for me. This, however, I did faithfully, even though there were days of mind wrenching disbelief, I stayed the course. This was A Course In Miracles training, truth vs falsehood, that has and is still leading me to Tina Turner's song. I had to learn what LOVE has to do about anything. I had to love the old away and love the new in. It's possible, doable and I am proof (inside me). It is done. A Course In Miracles changed the way I look at everything. How we choose to see things changes everything. No more blame or shame or grief or sadness, only Love or the cry for Love do I see. The wholeness of the coin is my own mind where I forgive myself and I return to Love. Without training my own mind, I would still be confused about any direction; it would still be hit and miss.

I am now taking time for myself away from being a Practitioner for CSLSG. With this decision, I am discovering how many ways I can love myself into The SELF I already am, open for service to all. Which, in turn, bridges a new world into being created by LOVE. Welcome home. May you find the peace you are searching for.

Nothing real can be threatened, nothing unreal exists, therein lies the peace of God. (ACIM)

There is only One Mind, that Mind is God's Mind, that Mind is my mind. (Science of Mind)

Stephanie Starrett RScP



Reverend Joe Kovach

Spiritual Director
Senior Minister

*To contact Rev. Joe, please email
revjoe@cslstgeorge.org*

February 2026 Weekly Talks
Embracing the Edge

Ernest Holmes told us that we are “Open at the Top.” In order to do that/be that, we must keep growing, and that means growing beyond the known and the comfortable - beyond the edge. Throughout February, the focus is on pushing the boundaries of our beliefs and comfort zones, individually and collectively.

Throughout the month, the concepts of involution (turning inward) and evolution (expressing outward) will be explored, highlighting the dynamic interplay between inner transformation and outer change.



Live Inspirational Celebrations

In-Person
2nd and 4th SUNDAYS
Online every Sunday
11:00am
(Online Live broadcast starts at 10:55am)

[**FACEBOOK LINK**](#)
[**YOUTUBE LINK**](#)

Community Zoom Conversation
After online-only services
12:00pm
[**ZOOM LINK**](#)

CSLSG Spiritual Director
and Senior Minister
Reverend Joe Kovach



February 1st
Living on the Inner Edge

THIS CELEBRATION IS ONLINE.

The edge is not a limit—it's a doorway. This week, we journey inward to the threshold of transformation, where we ask, “Where am I being invited to stretch beyond self-judgment into deeper self-acceptance?” Let’s courageously explore the edges of our inner world, welcoming discomfort as the birthplace of growth.

February 8th
Walking the Edge of Life

THIS CELEBRATION IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.
Center Musician: Allen Stanley

Spiritual living means showing up, even when it’s hard. What does it look like to live my truth when it feels risky or uncomfortable? This week, we examine the outer expression of our inner edge—where values become visible.

February 15th
The Edge of the Unknown

THIS CELEBRATION IS ONLINE.
Center Musician: Allen Stanley

What lies beyond the familiar? This week, we explore the shared unconscious—the stories, beliefs, and truths that live beneath our awareness—and lean into the sacred unknown that calls us into collective healing.



Reverend Rachael Dilling
February 22nd
Embracing the Possible

THIS CELEBRATION IS IN-PERSON (and online)
AT THE MASONIC LODGE. PLEASE SEE
DETAILS BELOW.

Center Musician: Allen Stanley

In this final week of February, as we sit "On the Edge of the Possible," we look outward again, focusing on collective action and the evolution of communities and societies.

Center for Spiritual Living St George Events and Information

<https://csl.org/>



PRAYER REQUESTS

Our Practitioners - Sue and Bill, and Starr - want to support you in prayer.

Email practitioners individually (click on their picture) at cslsg.org/about

IN-PERSON SUNDAY CELEBRATIONS!

**February 8th and 22nd
11:00am**

**Come join us and bring a friend!!
262 S Mall Drive**



***Invest Your
Time and
Talent
in Our
Community***

y!



We invite you to join in on the fun, companionship, and joy of service in our expanding Center. Here's how YOU can help:

- Organizing snacks for in-person services (Chat with Diana)
- Sound tech. Allen provides training - anyone can do it!
- Greeter at services. (Talk to Anna)
- Do a 2-3 minute reading at online services
- Learn how to stream our services (Talk to Marina or Bill)
- Help setup before in-person service (Just show up at 10am!!)
- Clean up after services (simply stay and lend a hand!)

Email stgeorgecsl@gmail.com, revjoe@cslstgeorge.org, or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!

[Visit our Website](#)

***Invest Your Treasure
in Our Community!***



Give with Zelle: [HERE](#) are the instructions. EMail us if you need further assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website (grey button below): cslsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

[Paypal online donation](#)



To view
Core Council minutes, please email:
rickcannata@cslstgeorge.org

To get information
about the financial status of
Center for Spiritual Living St. George,
please email: treasurer@cslstgeorge.org



Centers for Spiritual Living Opportunities

<https://csl.org/>

Centers for Spiritual Living has a lot to offer at csl.org.

Published for nearly 100 years, *Science of Mind* magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at **World Ministry of Prayer**

CLICK for **Heart of Peace Initiative**

CLICK for **Spiritual Living Circles**

CLICK for **CSL Books**

CLICK for **CSL Spiritual Tools**



St George Interfaith Council Opportunities

<https://www.stgeorgeinterfaithcouncil.org/>

INTERFAITH HARMONY DAY 2026

This LOCAL AND NATIONAL event will be held on March 18, 2026 at the Desert Hills High School. The Interfaith Choir and many other local singing groups will perform. SAVE THE DATE!



America 250 Celebrations

Statewide events: america250.utah.gov/events/

Santa Clara events: santaclarautah.gov/america250

[Visit our Website](#)

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.csłsg.org>

STAY CONNECTED



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