



*Our **PURPOSE** is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.*

*Our **VISION**: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.*

*Our **MISSION**: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:*

- \*Sacred Wisdom Celebrations*
- \*Empowering, Transformative Education*
- \*Youth and Young Adult Programs*
- \*Dynamic Music Ministry*
- \*Community In-reach*
- \*Community Out-reach*



## **2025 Rising Higher, Growing Deeper June: In Living Color**

**Have you ever found God in church? I never did. I just found a bunch of folks hoping for him to show. Any God I ever felt in church I brought in with me. And I think all the other folks did too. They come to church to share God, not find God.**

*— Alice Walker, **The Color Purple***

[Visit our Website](#)





## June 2025 Weekly Talks

### In Living Color

Marginalized people worldwide have shown us what it means to live in color, persevering despite the challenges they face simply for being who they are. Being born with a different skin color, hair texture, gender expression, or sexual orientation can often come with experiences of oppression. This month, we are invited to cast away the consciousness of exclusion and celebrate unity, diversity, and unique expression. In honor of Pride Month for 2SLGBTQIA\* communities being celebrated across the globe, we are encouraged to show up in living color!

\*(Two-Spirit, Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex, Asexual)

### June Dreams

**"We should strive toward a perfect vision, a perfect conception. We should expand our thought until it realizes all good, and then cut right through all that**

**appears to be, and use this Almighty Power for definite purposes." (E. Holmes SOM p148.4)**



June has always been a month of dreams, having fun, and creating something new. Growing up on the East Coast, it was a time when the cold and clouds finally gave way to sunshine! Even though I have been living in Las Vegas, where the sun always shines, June still gets my creative juices flowing to create new fun and experiences.

Ernest Holmes's quote above reminds us of what to strive for when we are in the co-creative process. When we have a purpose in mind, we start with recognizing that there is only one Source of all, which is perfect, whole, and complete. It is Infinite Intelligence. It is the Creator, the created, and



CSLSG Spiritual  
Director  
and Senior Minister  
**Reverend Joe Kovach**

*June 1st*  
*In Living Color*

And the category is...unity!  
In celebration of  
LGBTQIA+ Pride month,  
we embrace the spiritual  
truth that we are all divine  
expressions of God.

*June 8th*  
*Do What*  
*You Wanna Do*

As we continue our  
celebration of Pride Month,  
we are all invited to live  
authentically, out loud and  
in color!

**THIS SERVICE IS IN-  
PERSON (and online) AT  
THE MASONIC LODGE.  
PLEASE SEE DETAILS  
BELOW.**

*June 15th*  
*It's Never Too Late and*  
*It's Never Too Soon*

In honor of Juneteenth, we  
remember that it's never too  
late to contribute to  
restorative justice initiatives  
to heal from a cultural history  
of enslavement. It's never too  
soon to amplify Black  
Americans' voices to create  
new traditions and  
celebrations as Juneteenth has  
become a United States

the act of creating. God only knows  
perfection, joy, ease, and can only create  
Good.

Everything needed to bring our desire into  
form is already provided. What we need to do  
is focus our positive attention and affirm it.  
We affirm it mentally, by thinking about  
having the thing or experience we seek, in  
this present moment. We don't even have to  
worry about how it will show up. Spirit has  
that figured out already. Yet, trying to figure  
out the "how" is where most of us get stuck in  
our limiting thinking. Holmes suggests we  
"expand our thought until it realizes all  
good."

When we become aware of a possible hurdle,  
Holmes suggests we remember that Spirit  
knows nothing of limitation, and therefore the  
obstacle has no power. When we catch  
ourselves focusing on a limiting  
circumstance, remember that it is only a  
"possibility," and we live in an awareness that  
there are infinite possibilities. Then choose  
one that feels better.

We have often heard from Holmes that,  
"There is a Power in the Universe greater  
than you are, and you can use it." We can use  
it to create a better life, better health, to get a  
better job, or a better relationship, but do we  
put faith in it? Do we practice recognizing  
and accessing this power to live more freely,  
comfortably, with perfect health, and from  
Life's abundant nature? Spirit only loves and  
wants the best for us, but we must be willing  
to receive our Good.

"We should daily feel a deeper union with  
Life, a greater sense of that Indwelling God --  
the God of the seen and the unseen -- within  
us." (E. Holmes SOM p149.4)

June is an excellent month to sit in the sun  
and dream. To commune with Spirit and co-  
create something new, or to expand upon  
something you already possess -- like love,  
good health, abundance, and joy! Every day is  
a brand-new baby day. What fun do you want  
to create!?

*~ Reverend Joe Kovach*  
*Senior Minister*



federally recognized holiday



Staff Minister  
**Reverend Rachael  
Dilling**

*June 22nd  
And We're Still Together*

In the 1990s series, “In Living Color”, Mr. and Mrs. Brooks did not get along, but their marriage withstood their differences. This week, we are invited to explore the power of vulnerability.

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PERSON (and online) AT  
THE MASONIC LODGE.  
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BELOW.**

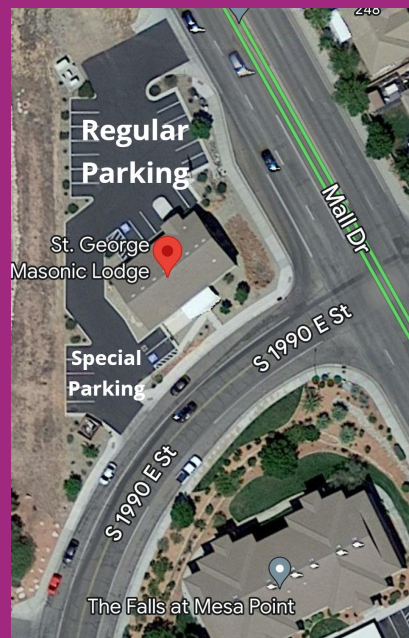


**Practitioners  
Plugged-In**  
*June 29th  
Living Out & Loud*

In celebration of the final week of LGBT+ Pride Month, let's draw inspiration from the vibrant joy, celebration, and fearless rebellion of drag and ball culture. Join us as we honor these powerful expressions of creativity



**Reverend  
Joe Kovach**  
Spiritual Director  
Senior Minister  
*To contact Rev. Joe,  
please email  
[revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org)*



**IN-PERSON SUNDAY  
SERVICES!**

**June 8th AND 22nd  
11:00am**

**Come join us and bring a friend!!**  
*262 S Mall Drive*

Entrance at the white awning.

**Meet and greet at 10:30.**

**Stay after for a treat (feel free to bring a  
dish to share!) and socializing.**

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.

**Center for Spiritual Living St George**  
**Events and Information**  
<https://csl.org/>



***Share Your Skills!***

**We invite you to join in on the fun, companionship, and joy of service in our expanding Center. It takes many hands to bring our vision into fruition. Here's how YOU can help:**

- Organizing snacks for in-person services (Chat with Diana)
- Sound tech. Allen provides training - anyone can do it!
- Greeter at services. (Talk to Anna)
- Do a 2-3 minute reading at online services
- Help setup before in-person service (Just show up at 10am!!)
- Clean up after services (simply stay and lend a hand!)
- Keep your eyes open for our new permanent location

**Email [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com), [revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org), or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!**



**Live Inspirational Service**

In-Person  
2nd and 4th Sundays

Online every Sunday  
11:00am  
(Online Live broadcast starts at 10:55am)

**FACEBOOK LINK**  
**YOUTUBE LINK**

Community Zoom  
Conversation  
After online-only services  
12:00pm  
**ZOOM LINK**



**PRAYER REQUESTS**  
**Our Practitioners want to support you in prayer.**

Email practitioners individually (click on their picture) at [cslsg.org/about](https://cslsg.org/about)



To view  
Core Council minutes, please



email:  
[stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com)



## ***USING THE LAW OF ABUNDANCE AND PROSPERITY***

**Give with Zelle:** HERE are the instructions.  
EMail us if you need further assistance:  
[treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

**Give Online:** Paypal link is on our website  
(grey button below): [cslsg.org](https://cslsg.org) on the Donation  
page; or Paypal direct with **blue button below**.

**Give by Mail:** Send checks to CSLSG  
PO Box 3132, St. George, UT 84771

If you would like  
information about the  
financial status of  
Center for Spiritual  
Living St. George,  
please contact:  
[treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

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Paypal online donation

Visit our Website

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## ***WE PAY OUR PROSPERITY FORWARD***

**Every Quarter CSLSG shares the prosperity you help us create with a local non-profit. We practice the law of giving and receiving and watch as our collective abundance contributes to our beautiful community.**

We have previously contributed to Children's Justic Center, Washington County School District Counselor's Closet, The DOVE Center, Switchpoint Community Resource Center, Pride of Southern Utah, and Equality Utah.

We would love to hear suggestions from you for future contributions. We are currently considering Root For Kids. (Picture below) Please check this organizaton out at: <https://www.rootforkids.org/>



## Centers for Spiritual Living Opportunities

<https://csl.org/>



Centers for Spiritual Living has a lot to offer at [csl.org](https://csl.org/).

Published for nearly 100 years, Science of Mind magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at World Ministry of Prayer

CLICK for Heart of Peace Initiative

CLICK for Spiritual Living Circles

CLICK for CSL Books

CLICK for CSL Spiritual Tools

## St George Interfaith Council Opportunities

<https://www.stgeorgeinterfaithcouncil.org/>





Check out the website below and join the movement to bring Peace On Earth. There is also an app: Peace, available in all smart phone play stores.



**Peace On Earth**  
**by 2030 (<http://peace2030.earth>)**

English



# STEPPING ON FREE CLASSES IN 2025!

This program has been proven to reduce the  
risks of falls by 31%!



## ARE YOU FEARFUL OF FALLING?

Did you know that falls are the leading cause of injury among older adults?

The good news is that falls can be prevented!

**Join our 7 week free course to learn to help yourself with fall prevention.**

## YOU WILL LEARN

- Exercises to improve balance and strength
- Home safety tips to reduce fall risks
- Strategies for safe movement and mobility
- How to properly use assistive devices
- Tips on medication management



**SCAN THE QR CODE TO REGISTER ON EVENTBRITE OR  
REGISTER BY PHONE**

Kathryn 435-986-2599

Erin 435-251-1031

Maria 435-673-3548 Ext.103

## 2025 CLASSES

Jan 14 - Feb 26 - Southwest Utah Public Health Department

Apr 15 - May 27 - IHC - St. George Regional Hospital

Jun 3 - Jul 15 - Southwest Utah Public Health Department

Oct 20 - Dec 1 - IHC - St. George Regional Hospital



# Utah's maternal mental health referral network

Resources for anyone seeking help for maternal mental health



## Maternal Mental Health

The Utah Maternal Mental Health Referral Network is a directory of healthcare professionals and organizations with specialized training in maternal mental health conditions.

The professionals listed on the network can help you and your loved ones with mental health questions and concerns throughout your parenthood journey—from planning your family, to experiencing infertility and loss, pregnancy, and during the postpartum period.

- ✓ Mental health therapists
- ✓ Support groups
- ✓ Doulas and more

If you or someone you know is experiencing a mental health crisis, call 988.



## Access the Referral Network



04.23.2024





Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132 | St. George, UT 84771 US

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