



We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



March 2023

**Living Out Loud!
Cultivating Authenticity
Week of March 26, 2023
No Approval Needed**

**Our stresses, anxieties, pains, and problems
arise because we do not see the world, others,
or even ourselves as worthy of love.**

*~ Prem Prakash, *The Yoga of Spiritual Devotion: A Modern Translation of the Narada Bhakti Sutras**

[Visit our Website](#)

**CSLSG Senior
Minister
Reverend Joe
Kovach**





No Approval Needed
 There is no way to talk about authenticity without addressing the elephant in the room: the feelings of shame and unworthiness. Shame is universal in the human experience. It is the feeling that we are “not enough.” It is a fear of being unlovable that convinces us that if we work harder, change ourselves, keep some parts hidden from

others, then maybe, when we finally become enough, we will then be worthy of love and connection with others. Shame can become a guide for us to the areas that we do not yet love and accept ourselves. It is in those areas we are seeking our worth through the approval of others.



Reverend Joe Kovach
 Senior Minister

If you have questions or comments for Rev. Joe, please email revjoe@cslstgeorge.org.

Online Sunday Gatherings

Inspirational Service 11:00am

(Broadcast will start at 10:55am with announcements and video)

[FACEBOOK LINK](#)

[YOUTUBE LINK](#)

Community Zoom Conversation

12:00pm

[ZOOM LINK](#)

PRAYER REQUESTS

Our Practitioners want to support you in prayer.

Please email your prayer request to prayer@cslstgeorge.org or email practitioners individually at cslsg.org/about



CSLSG Community Care Circle

Let us provide compassionate support with Life's challenges and joys.

Leave a message at 435-893-6702

to engage this free and confidential service



We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our MISSION is to provide spiritual tools for personal and global transformation.

Our PURPOSE is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.

Our VISION is a world that works for everyone.



EXCITING NEWS FOR CSLSG!!

As you know, we have had a committee working to find a temporary home for us to begin holding occasional in-person Sunday services, in addition to our online celebrations.

WE HAVE SUCCEEDED!!

Beginning Sunday May 14th, we will hold in-person services every second-Sunday on the lower level of the St George Masonic Lodge (entrance on 1990 St, white awning). Mother's Day is the perfect time to celebrate the birthing of our new chapter together.

More details to come.



IN-PERSON Gathering and Annual Meeting

Saturday April 8th

10am - Noon

Socializing and Snacks

Financial Reports and Center Updates

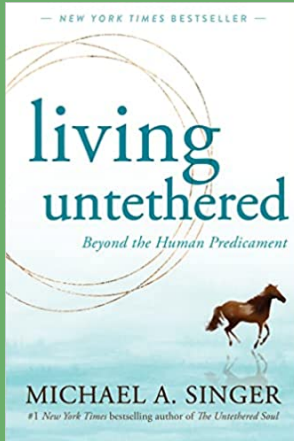
Come gather with your friends and community!
West Springs Clubhouse, 225 W Valley View Dr

SPECIAL ANNOUNCEMENT

Core Council decided to table the application process for adding a new member to the Core Council. We felt it was putting the cart before the horse, so to speak. Now that we have a Senior Minister, we can and need to revisit and revise the Bylaws that were originally drafted in 2012 at the creation point of our Center. Due to many circumstances in our center's history, the bylaws have not been updated since that time. It is more than time to do so. We will be forming a committee soon to work on that revision. **Please consider joining the committee. It will be an important job and your voice is valuable, especially if you have**

experience with bylaws, policies and procedures.

And... next year there will be multiple Core Council spots open, so do keep that in your prayers, heart and mind, and please consider applying then.



CSLSG BOOK CLUB

THURSDAYS
6 - 7pm MST

Come join the conversation
even if you don't have the book!!

Email for info:
suegfullmer@gmail.com



Spread the Love!

Give with Zelle: Zelle is a bank-to-bank transfer system. [HERE](#) are the instructions.

Email us if you need further

assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website: csmsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

[Paypal online donation](#)

[Visit our Website](#)

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

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