

# *BOOK OF THE MONTH RECOMMENDATIONS for 2023*

<i>JANUARY</i>	Living the Science of Mind by Ernest Holmes
<i>FEBRUARY</i>	Words that Heal Today by Ernest Holmes
<i>MARCH</i>	The Gifts of Imperfection by Brené Brown
<i>APRIL</i>	The Power of Vulnerability by Brené Brown
<i>MAY</i>	A Field Guide to Getting Lost by Rebecca Solnit
<i>JUNE</i>	Care of the Soul By Thomas Moore
<i>JULY</i>	What's in the Way, Is the Way by Mary O'Malley
<i>AUGUST</i>	Living from the Mountaintop by Christian Sørensen
<i>SEPTEMBER</i>	All About Love: New Visions by bell hooks
<i>OCTOBER</i>	Navigating Polarities by Brian Emerson and Kelly Lewis
<i>NOVEMBER</i>	Pleasure Activism, The Politics of Feeling Good by adrienne maree brown
<i>DECEMBER</i>	The Essential Ernest Holmes by Jesse Jennings