



*We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.*



## **That's How We've Never Done It**

**Each new day is a path of wonder, a different invitation.**

*~ John O'Donohue, *To Bless the Space Between Us**

[Visit our Website](#)

# WOMEN'S HISTORY MONTH



Happy St. Patrick's Day!  
March 17th



March 31st



To the Center of the  
Center of the  
Center of the Center



**A Message from  
Practitioner Stephanie  
Starr Starrett RScP**

I am the Center for Spiritual Loving (Living) and I am in St. George, UT. What do I see in that? My whole world is seen from that center. And so is yours from your own individualized Center.



THE CENTER is Whole, Perfect, Central, and available in everyone. "Spirit is at the center of everything and is always responding to our thought, there is no limit to Its manifestation for us, except the limitations that we set."  
~SOM Ernest Holmes 406:2

I am in the CENTER of my circle (my world). I am like a rancher that owns horses. I learn to corral my horses, or shuffle them around from desert to grasslands and water. I see when to cut out the horses I no longer want, in order to make my herd strong, healthy and abundant, that this creates a thriving herd of horses.

I can say, like a rancher, my herds are the thoughts swirling around me. I corral them and I can set them free when I see they are not serving me. This, in rancher terms, is called culling. I do this from my center, because I desire a strong body and having a wealthy attitude. I desire being the best rancher I can be.

Why, you ask? Is it for money, or vanity, or power? Well, I say, yes...and no. So what's the point, you ask? Because, I recognize I can. Like that rancher owns horses, I own all the thoughts in my circle. I choose which ones I keep. No one nor condition (trigger) I feel, hear, touch or experience has any power over my CENTER, my CIRCLE.

Thoughts are like wild horses - they appear everywhere and can hide seemingly nowhere. They are not me, unless I claim them. Once I own them, they work for me and if they are not performing for me, seeing/feeling this, I have every right to free them.

As the owner of the horse (or thought), I don't bury it. That's absurd - who would bury a horse that isn't working, right? The same goes for thoughts. I see/feel and let go to find another beneficial one to take its place.

You are the center of your ranch, which is a circle called your world. You have the power imbued in you to make any decision about your thoughts. Circumstances are only experiences you own in your corral. You are the rancher, the CENTER of your Circle, your world.

What thoughts will you cull today?



**Reverend Joe Kovach  
Senior Minister**  
To contact Rev. Joe, please  
email [revjoe@cslstgeorge.org](mailto:revjoe@cslstgeorge.org)

**PRAYER REQUESTS**

**Our Practitioners want to  
support you  
in prayer.**

Please email your  
prayer request to  
[prayer@cslstgeorge.org](mailto:prayer@cslstgeorge.org)  
or email practitioners  
individually at  
[cslsg.org/about](mailto:cslsg.org/about)



To view  
Core Council minutes, please  
email:  
[suegfullmer@gmail.com](mailto:suegfullmer@gmail.com)



If you would like  
information about the  
financial status of  
Center for Spiritual  
Living St. George,  
please contact:  
[treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)



**Live Inspirational  
Service**

In-Person 2nd Sunday  
Online every Sunday  
11:00am

(Online Live broadcast starts  
at 10:55am)

**FACEBOOK LINK**  
**YOUTUBE LINK**

Community Zoom  
Conversation  
After online-only services  
12:00pm  
**ZOOM LINK**

## **March 2024 Weekly Talks**

### **That's How We've Never Done It**

If we're to step into our Grand Rising, we must be willing to embrace a new way of experiencing and expressing ourselves. We'll look at what Newness feels like, as it inspires our evolution. Week One invites us to seize this day, embracing its unlimited possibilities. Second, we acknowledge our past (good, bad, and ugly) while disentangling ourselves from it. Third, we release our need to "figure it out" and invite Inner Guidance to lead us into new territory. Fourth, we ground in the Truth of who we are and our Vision of who we are becoming, letting that inform every thought, word, and action. Week Five reminds us this is a journey, not a destination. The work goes on, the practice deepens. We set the intention to stay conscious, live from Love, and continue to embrace infinite possibility.



### **CSLSG Senior Minister Reverend Joe Kovach**

#### *March 3rd It's A Brand New Baby Day*

What were your first thoughts when you woke up this morning? Were you grateful for the fresh start offered by this new day? Or did you find yourself weighed down with depressed, regretful replays of yesterday, or anxious previews of tomorrow? What might it feel like if you felt free to fully trust, appreciate, and engage in the new Now that today offers? Infinite possibility is our divine birthright. We deserve to seize each new day as a new beginning. It's a brand new baby day!

#### *March 10th Up Until Now...*

It's time to acknowledge our past (good, bad, and ugly) while disentangling ourselves from it. It's time to forgive and release old patterns – even those that used to work well – if they no longer serve us. Let's replace our old "I've always..." ["It's, you've, they've, we've always..."] with a new script. Let's substitute "UP UNTIL NOW..." - "Up until now, my experience has been [fill in the blank], but NOW I choose [fill in the blank with something better!]" The Buddha taught that attachment (with its complement resistance) was the root of all suffering. When we honor our past, and learn from it, without attachment or resistance, we move freely into our future.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.  
PLEASE SEE DETAILS BELOW.**

#### *March 24th New, Now... What's Next?*

We're awakening, in a new way, to the realization that we're bigger than we thought we were. Now what are we going to do about it? How do we carry that awareness forward into a larger expression of Good in our own lives, the lives of our spiritual communities, our larger community, and our planet? Grounded in the Truth of who we are and our Vision of who we are becoming, we let that Vision and that Truth inform our every thought, word, and action. Knowing that we are "about our [Creator]'s business" (Luke 2:49), we consciously, lovingly, creatively get to work implementing a world that works for all.

*March 17th Guest Speaker  
Rev. Savannah Noelle  
Tell Me Something Good*



As divine-humans, we're gifted with amazing intellectual tools for rational problem-solving. We've become so reliant on, and infatuated with, our intellects - so rightly proud of our ability to "figure things out," that we can be thrown for a loop when confronted by those situations where "figuring it out" just doesn't work. We've forgotten we can tune in to the deeper intelligence available within us, the intuition that transcends intellectual understanding, and allow it to deliver our divine solution. It's up to us to release our need to "figure it out" and invite Inner Guidance to lead us into the new territory of our brand new day.



*March 31st*

### **Practitioners Plugged-In**

#### **Don't Go Back To Sleep**

Even as we learn to more fully embody the Truth of our divine-humanness, we're reminded this is a journey, not a destination. The ever-further unfolding of Spirit's perfect pattern for our world requires our conscious, active participation. Even that fabled state of "Happily Ever After" necessitates continued attention and intention. (And have you noticed? We're not there yet!) The work goes on, the practice deepens. We set the intention to stay conscious, live from Love, and continue to embrace infinite possibility. Don't go back to sleep!



***Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.***

***Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.***

**Center for Spiritual Living St George  
Events and Information**



**IN-PERSON SUNDAY SERVICE!**

**March 10th, 11:00am**

**Come join us and bring a friend!!**

**262 S Mall Drive**

**Entrance at the white awning.**

**Meet and greet at 10:30.**

**Stay after for a treat and socializing.**

**Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.**



**Join the Core Council and Share in Planning the Future of CSLSG.**

**Join the team that has joined hands to guide our beautiful Center on the unfolding path at our feet.**

***Reply to this email to get an application.***

**SAVE THE DATE**

**CSLSG's ANNUAL MEETING**

**Sunday, April 14th**

**12:30 - 1:30pm**

**After In-Person Service**

**Vote for new Core Council Officers**

**Approve Budget**

**Approve Bylaws Revision**



Don't Miss It!!



**Want to lead an activity or gathering ?**

Dream up what you would like to do and let us know. We'll put it on the Center's calendar and advertise it in the newsletter and on our Facebook page.

*Reply to this email to get a gathering going.*

***STEP INTO THE ABUNDANT FLOW!***

**Give with Zelle:** Zelle is a bank-to-bank transfer system. HERE are the instructions.

Email us if you need further assistance: [treasurer@cslstgeorge.org](mailto:treasurer@cslstgeorge.org)

**Give Online:** Paypal link is on our website: [cslsg.org](http://cslsg.org) on the Donation page; or Paypal direct with **blue button below**.

**Give by Mail:** Send checks to CSLSG  
PO Box 3132, St. George, UT 84771



Paypal online donation

**Centers for Spiritual Living Opportunities**

Centers for Spiritual Living has a lot to offer at [csl.org](http://csl.org).

For example:

Published for nearly 100 years, Science of Mind magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>



**[CLICK](#)** to request a prayer at [World Ministry of Prayer](#)  
**[CLICK](#)** for [Heart of Peace Initiative](#)  
**[CLICK](#)** for [Spiritual Living Circles](#)  
**[CLICK](#)** for [CSL Books](#)  
**[CLICK](#)** for [CSL Spiritual Tools](#)

## St George Interfaith Council Opportunities

### **St George Interfaith Choir**

To join rehearsals any time contact  
**Kathy Brown** [kathybrown13@gmail.com](mailto:kathybrown13@gmail.com).  
**All singers are welcome.**



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | [stgeorgecsl@gmail.com](mailto:stgeorgecsl@gmail.com) | <https://www.cslsg.org>

STAY CONNECTED



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