



We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



**Living Out Loud!
Embracing Self-Care**

**Week of June 11th
Balancing Grief and Joy**

**There is freedom knowing you can
carry joy and grief together.**

~ Nancy Berns, *Closure: The Rush to End Grief and What It Costs Us*

Visit CSLSG Website

Our First Anniversary is Here!!!

One year ago, June 1st, our newly hired Senior Minister, Reverend Joe Kovach, began his journey with us!! We are celebrating this milestone!

Send Reverend Joe a message of love and gratitude!!

[Click here to send an email](#)



**Our path ahead is unfolding in
Joy, Gratitude, Connection and
Love!!**



IN-PERSON
SUNDAY SERVICE!

**THIS SUNDAY, June 11th,
11:00am**

BRING A FRIEND!!

**Please arrive a few minutes early to meet
and greet**

(doors will open at 10:30am).

**We will have treats to share after service,
so plan to stay for a bit to connect.**

Please note that the parking just outside the
white awning entrance (7 spots) is reserved
for our guests who have mobility concerns.

If you are not in need of special parking,
please park in the regular parking on the
NW side or on the street (S 1990 E St).



June 11th Balancing Grief and Joy

Grief is an unavoidable emotion we all go through at some point in our life. We do not only experience grief when we lose someone dear to us; other life situations can cause grief as well. To embrace self-care in trying times, it is imperative to understand how to surf through the water of grief to joy.

THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE. PLEASE SEE DETAILS BELOW.

**Inspirational Service
In-Person THIS WEEK
11:00am**

Doors open at 10:30am

(Online Live broadcast will start at 10:55am with announcements)

[FACEBOOK LINK](#)
[YOUTUBE LINK](#)

No Zoom Conversation This Week

If you have questions or comments about this week's service, please email us at:

stgeorgecsl@gmail.com

OR

revjoe@cslstgeorge.org



**Reverend Joe Kovach
Senior Minister**

To contact Rev. Joe, please email revjoe@cslstgeorge.org.



PRAYER REQUESTS

Our Practitioners want to support you in prayer.

Please email your prayer request to [**prayer@cslstgeorge.org**](mailto:prayer@cslstgeorge.org) or email practitioners individually at cslsg.org/about



CSLSG Community Care Circle

Let us provide compassionate support with Life's challenges and joys.

Leave a message at 435-893-6702

to engage this free and confidential service



We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our MISSION is to provide spiritual tools for personal and global transformation.

Our PURPOSE is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.

Our VISION is a world that works for everyone.



Join us in the FLOW!

Give with Zelle: Zelle is a bank-to-bank transfer system. [HERE](#) are the instructions.

Email us if you need further assistance:

treasurer@cslstgeorge.org

Give Online: Paypal link is on our website: cslsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

Paypal online donation

Community Volunteer Opportunity

Our Summer Feeding Program got off to a start and we are finding that we need volunteers to help at each site. There are two in St. George in particular that we could use volunteers once a week, month, or whatever they feel they can offer us. The program runs from June 5th through August 11th 5 days a week.



UTAH FOOD BANK
SOUTHERN DISTRIBUTION CENTER

The task is really simple...our volunteers help us hand out lunches to the kids in the park and help us keep inventory on what is given out. They also interact with the families there and we bring extra food to be given out as needed.

Angela Torres, Programs Manager SDC
Utah Food Bank Southern Distribution Center
4416 South River Road
St. George, Utah 84790
angelat@utahfoodbank.org
435-656-9122 Office
801-887-1259 Direct
801-739-4155 Cell
For donation and volunteer opportunities
www.utahfoodbank.org



Visit CSLSG Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

STAY CONNECTED



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