

We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.



Living Out Loud! Embracing Self-Care

Week of June 11th Balancing Grief and Joy

There is freedom knowing you can carry joy and grief together. ~ Nancy Berns, Closure: The Rush to End Grief and What It Costs Us

Visit CSLSG Website

Our First Anniversary is Here!!!

One year ago, June 1st, our newly hired Senior Minister, Reverend Joe Kovach, began his journey with us!! We are celebrating this milestone!

Send Reverend Joe a message of love and gratitude!! <u>Click here to send an email</u>



Our path ahead is unfolding in Joy, Gratitude, Connection and Love!!





<u>IN-PERSON</u> <u>SUNDAY SERVICE!</u>

THIS SUNDAY, June 11th, 11:00am

BRING A FRIEND!!

Please arrive a few minutes early to meet and greet (doors will open at 10:30am). We will have treats to share after service, so plan to stay for a bit to connect.

Please note that the parking just outside the white awning entrance (7 spots) is reserved for our guests who have mobility concerns. If you are not in need of special parking, please park in the regular parking on the NW side or on the street (S 1990 E St).



June 11th <u>Balancing</u> <u>Grief and Joy</u>

Grief is an unavoidable emotion we all go through at some point in our life. We do not only experience grief when we lose someone dear to us; other life situations can cause grief as well. To embrace self-care in trying times, it imperative is to understand how to surf through the water of grief to joy.

THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE. PLEASE SEE DETAILS BELOW.

Inspirational Service

In-Person THIS WEEK 11:00am Doors open at 10:30am (Online Live broadcast will start at 10:55am with announcements) FACEBOOK LINK

YOUTUBE LINK

No Zoom Conversation This Week

If you have questions or comments about this week's service, please email us at: <u>stgeorgecsl@gmail.com</u> OR <u>revjoe@cslstgeorge.org</u>



Reverend Joe Kovach Senior Minister

To contact Rev. Joe, please email revjoe@cslstgeorge.org.



PRAYER REQUESTS Our Practitioners want to support you in prayer. Please email your prayer request to prayer@cslstgeorge.org or email practitioners individually at cslsg.org/about



CSLSG Community Care Circle Let us provide compassionate support with Life's challenges and joys. Leave a message at 435-893-6702 to engage this free and confidential service



We believe the Power breathing us is greater than any circumstance, situation, or condition.

Our <u>MISSION</u> is to provide spiritual tools for personal and global transformation.

Our <u>PURPOSE</u> is to awaken humanity to its spiritual magnificence; to awaken our community to its Divine Nature and the greatest expression of who we are.

Our <u>VISION</u> is a world that works for everyone.



Join us in the FLOW!

Give with Zelle: Zelle is a bankto-bank transfer system. <u>HERE</u> are the instructions. EMail us if you need further assistance: <u>treasurer@cslstgeorge.org</u>

Give Online: Paypal link is on our website: <u>cslsg.org</u> on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG PO Box 3132, St. George, UT 84771

Paypal online donation

Community Volunteer Opportunity

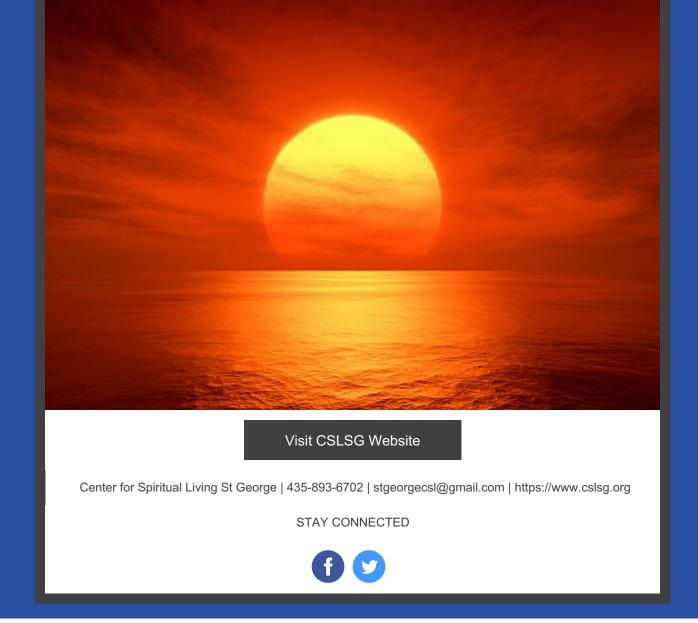
Our Summer Feeding Program got off to a start and we are finding that we need volunteers to help at each site. There are two in St. George in particular that we



could use volunteers once a week, month, or whatever they feel they can offer us. The program runs from June 5th through August 11th 5 days a week.

The task is really simple...our volunteers help us hand out lunches to the kids in the park and help us keep inventory on what is given out. They also interact with the families there and we bring extra food to be given out as needed.

Angela Torres, Programs Manager SDC Utah Food Bank Southern Distribution Center 4416 South River Road St. George, Utah 84790 <u>angelat@utahfoodbank.org</u> 435-656-9122 Office 801-887-1259 Direct 801-739-4155 Cell For donation and volunteer opportunities <u>www.utahfoodbank.org</u>



Center for Spiritual Living St. George | PO Box 3132, St. George, UT 84771

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