



We are an open, loving, and inclusive community that supports thinking creatively and living a deeply spiritual life.

Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.

Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.



April 2024

Giant Gentleness

I would like to suggest that there is nothing more important you could ever do for yourself, ... than to tune into the frequency of gratitude and joy.

*~ Pam Grout, *Thank and Grow Rich**

Visit our Website



Welcome to April,
St. George!

March Madness (the
college basketball
tournament) and



Easter are behind us, and I look forward to fully welcoming Spring to our Southern Utah home. We will be continuing our annual theme – *A Grand Rising* – focusing on our *Giant Gentleness*. It's fitting that I chose April to write for the monthly newsletter, because throughout most of my life I've been referred to as a "gentle giant," as a big person with a gentle spirit toward others.



During April, we are exploring the power of gentleness. In week one, we focus on how every moment can be beneficial to our well-being, even the ones that don't appear to be welcoming. In week two, we examine how gentleness can enhance our relationships and interactions with others, moving beyond judgement – to compassion. In week three, we learn to expand that gentleness to encompass our communities, activities, and even (oh, my) politics. I'm anticipating that Rev. Joe and our guest speaker, Eugene Holden, will have some interesting perspectives and I'm excited to learn gentleness from them both.

In April, we also have the opportunity to demonstrate our gentleness to Mother Earth, as April 22nd is the annual Earth Day celebration. I know that each of us will do our part in honoring this wonderful planet we live on, either in prayer or in our actions.

I'd like to remind everyone of the importance of our Annual Meeting, which will be held immediately following the in-person service on April 14th. It is our sacred right and responsibility to participate in the "business" of the Center, and this is the opportunity for all to do so. If you are not currently a member, and you would like to become a member in order to have future voting privileges, please see one of the Leadership Team or the CSLSG website, www.cslsg.org.

Speaking of rights and responsibilities, April 15th is Tax Day. I could say a lot about this topic, but I'll keep it short. Personally, I pledge to remove emotion from tax day activity, focusing on the good that my tax burden brings to so many, and refuse the resistance and suffering that can often accompany this day. I pledge to go with the flow and allowing the flow as the goodness that it can be!

As many of you know, for the past several weeks many of our spiritual community have been participating in a class called [Prosperity Plus](#). This class has focused on the spiritual nature of abundance and money and it has been exciting to see the newly discovered abundance that many of the participants have experienced. As is our nature as members of CSLSG, some of that abundance is finding its way into the treasury of the Center, allowing us to do more to fulfill our new Purpose and Vision.

Happy April!
Welcome the showers!!

PRAYER REQUESTS

Our Practitioners want to support you in prayer.

Please email your prayer request to prayer@cslstgeorge.org or email practitioners individually at cslsg.org/about



To view Core Council minutes, please email: suegfullmer@gmail.com



If you would like information about the financial status of Center for Spiritual Living St. George, please contact: treasurer@cslstgeorge.org



Live Inspirational Service

In-Person

2nd Sunday

Online every Sunday

11:00am

(Online Live broadcast starts at 10:55am)

FACEBOOK LINK



Reverend Joe Kovach
Senior Minister
To contact Rev. Joe, please
email revjoe@cslstgeorge.org

Community Zoom
Conversation
After online-only services
12:00pm
[ZOOM LINK](#)

April 2024 Weekly Talks

Giant Gentleness

In those flashes when we are conscious of our Oneness there is an openness and all-encompassing Love. In all the other moments in our lives we need, or really, deserve Giant Gentleness. This month we remember that gentleness is actually a powerful thing. And giant gentleness opens us up to who we say we want to be. It lets all the moments of our lives be sacred and holy, even the sucky ones. Each week we expand our awareness of gentleness. Starting of course with ourselves, we acknowledge how we can allow all moments to be for our highest and best. We'll move beyond judgment and embrace active compassion in our relationships with others. We breathe gentleness into our communities, our politics, and our activities. Finally, we celebrate the moments of embodying the giant and continuing the journey.



CSLSG Senior Minister Reverend Joe Kovach

April 7th Your Gentleness is Showing

Gentleness is not just letting yourself off the hook and giving yourself a free pass. Nor is gentleness weakness or meekness. At its core, gentleness takes awareness, compassion, and gratitude for who you are and where you are. It takes courage to choose to be gentle, but it is a worthy exploration. Gentleness reminds you that you are so much more than you give yourself credit for. It allows the pain, sorrow, fear, & doubt to be for your highest good. It opens you up to see things differently and to be okay with being yourself.

April 14th The Other In Love

People are lovely when they are kind, loving, and just how/what you want them to be. And they are also fickle, opinionated, and judgmental. They just can't help themselves. That's when everything gets screwed up, right? We want to blame others for things going wrong, when in fact, it's our judgments of others that get in the way. As you apply gentleness to your interactions with others, you can truly allow them to be their gentle selves. And from that place you can both make clearer decisions for your own lives.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**

April 21st Taking It To The Streets

We are probably living in the most decisive time in human history. Or at least, it feels that way. We are inundated with media bias and more polarized opinions than ever before. And yet, fundamental to *Science of Mind* is Love. Love is the very essence of gentleness. So, this week we foster gentleness in three key areas of our lives to give us some perspective and breathing room.

April 28th Guest Speaker

Eugene Holden, RScP

Gentle Cosmic-ness

Gentleness is loving and supportive. How do we look at the world around us and the future of humanity with gentleness? How do we rise in gentleness in nature and a



universal community? We use the same tools as in our own lives. We use the Principles of Science of Mind. We celebrate the wins – all of them. We don't deny the struggles and pain, but we remember who we are (individually and spiritually). We remember that Life is bigger than the news, trends, and forecasts.



Center for Spiritual Living St George **Events and Information**



IN-PERSON SUNDAY SERVICE!

April 14th, 11:00am

Come join us and bring a friend!!

262 S Mall Drive

Entrance at the white awning.

Meet and greet at 10:30.

Stay after for a treat (feel free to bring a dish to share!) and socializing; and this month - see meeting below.

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.



CSLSG's ANNUAL MEETING

Sunday, April 14th

12:30 - 1:30pm

After In-Person Service

Vote for new Core Council Officers

Approve Budget

Approve Bylaws Revision

Don't Miss It!!

POTLUCK WITH US

Core Council will continue to provide coffee, tea, water and pastries at our in-person services.

AND we invite anyone interested to bring their favorite potluck snacks .

An old favorite whose time is due!!



Core Council Positions Available

Join the team whose hearts and hands are guiding our beautiful Center on the path unfolding at our feet.

Reply to this email to get an application.



SHARE IN ABUNDANCE AND PROSPERITY



Give with Zelle: Zelle is a bank-to-bank transfer system. HERE are the instructions.

EMail us if you need further assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website: cslsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

Paypal online donation

Centers for Spiritual Living Opportunities

Centers for Spiritual Living has a

lot to offer at [csl.org](https://www.csl.org).

Published for nearly 100 years, **Science of Mind** magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at [World Ministry of Prayer](#)

CLICK for [Heart of Peace Initiative](#)

CLICK for [Spiritual Living Circles](#)

CLICK for [CSL Books](#)

CLICK for [CSL Spiritual Tools](#)



St George Interfaith Council Opportunities

St George Interfaith Choir

To join rehearsals any time contact
Kathy Brown kathybrown13@gmail.com.
All singers are welcome.



Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

STAY CONNECTED



Center for Spiritual Living St. George | PO Box 3132, St. George, UT 84771

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