



Our PURPOSE is to love, teach, guide, and support a spiritual community in creating and living a life they love using Science of Mind and Spirit principles and practices.

Our VISION: Center for Spiritual Living St. George is a community-focused Center actively living, sharing, and nurturing its members and friends so that all may live their best lives.

Our MISSION: CSLSG is an open, inclusive, and evolving spiritual community that supports its Purpose and Vision through:

- *Sacred Wisdom Celebrations*
- *Empowering, Transformative Education*
- *Youth and Young Adult Programs*
- *Dynamic Music Ministry*
- *Community In-reach*
- *Community Out-reach*



2025 Rising Higher, Growing Deeper

April: Fertilizing Our Future

Just as you would not neglect seeds that you planted with hope that they will bear vegetables and fruits and flowers, so you must attend to nourish

the garden of your becoming.”
— Jean Houston

[Visit our Website](#)



**April Showers
Are Afoot**

This beautiful time of year -



the beginning of Spring - is often thought of as a rainy time, even here in this southern Utah desert. Rain definitely helps prepare the soil for returning growth and the sowing of new seeds. The rain joins with the decayed fodder from the fall and winter months to fertilize the soil, preparing it for the work of Spring.

This is also a fabulous and appropriate time for we humans to turn our thoughts to what we wish to see grow in our personal lives. And to do the work for fertilization of those thoughts, so that we experience our desires coming to fruition in our individualized Spring.

With that in mind, some questions come to my mind: What is it that I wish to grow? What is it I need to do to prepare the soil of my life? What do I need to BE in order to attract the appropriate nourishment and sustenance? What is mine to DO to support my own growth and my contribution beyond myself? Do I trust in the Law of Nature, Abundance, Prosperity? Can I ask for help when I need it?

I love this time of year when the sun is warmer, when I recognize that winter's rest has readied me for activity and expansiveness. Hopefulness abounds as I witness sprouts of grass poking up their heads, flowers adding bits of color everywhere, the light returning to this part of the planet. I invite us all to come out of our winter reverie and enjoy the light.

There is so much afoot here at Center for Spiritual Living St George. Feet are on the ground looking for our new permanent location. It will be so exciting to have a place to not only hold services each week, but to also hold classes, socialize, expand our offering to families and children, have community meetings, and so much more.

We are beyond thrilled to have three candidates for the expansion of Core Council leadership. These candidates have been vetted and accepted by current Core Council officers and you, the members of CSLSG, are invited to attend the Annual Meeting after service on April 13th to lend your voice to their approval. These candidates are Rick Cannata, Tim McGeachy, and Allen Stanley. Their added contribution to the Council will lead us into a new chapter for our beloved community. We will also extend immense gratitude to our outgoing secretary,



Live Inspirational Service

In-Person
2nd and 4th Sundays

Online every Sunday
11:00am
(Online Live broadcast starts at 10:55am)

FACEBOOK LINK
YOUTUBE LINK

Community Zoom
Conversation
After online-only services
12:00pm
ZOOM LINK



PRAYER REQUESTS

Our Practitioners want to support you in prayer.

Email practitioners individually (click on their picture) at **cslsg.org/about**



To view
Core Council minutes, please email:
suegfullmer@gmail.com

Sue Fullmer, for her dedicated and devoted two terms of service, that's SIX years, by the way.

Let the growing light warm you, heart and soul. May it bring with it hopefulness, joy, and love. May it ease the challenges that appear before you. May it bring into focus the connections and community that are here for and with you.

Happy Spring. Happy April. May the rain that falls bring fertile soil for your todays and tomorrows.

Blessings and Gratitude,

Marina Anderson

CSLSG Member and Core Council President



If you would like information about the financial status of Center for Spiritual Living St. George, please contact:

treasurer@cslstgeorge.org



Reverend

Joe Kovach

Spiritual Director

*To contact Rev. Joe,
please email*

revjoe@cslstgeorge.org

April 2025 Weekly Talks

Rising Higher, Growing Deeper Fertilizing Our Future

“Fertilizing Our Future” emphasizes the importance of enriching our consciousness through spiritual practices such as Spiritual Mind Treatment, Visioning, meditation, and mindfulness. These practices act as vital nutrients, helping us to clear away mental and emotional debris, create fertile ground for new possibilities, and foster holistic growth. By integrating and learning from our past experiences, including challenges and adversities, we build resilience and depth, preparing ourselves for future growth.

CSLSG Spiritual Director
and Senior Minister

Reverend Joe Kovach

April 6th

Enriching Our Soil of Possibilities



This week we dive into how our past experiences can nourish our personal and spiritual growth. We'll explore ways to actively nurture our dreams, prioritize long-term well-being, and transform life's challenges into enriching opportunities.

April 13th
Visioning Beyond the Horizon

Join us as we explore a transformative practice to align daily actions with long-term goals, release limiting beliefs, and connect with Spirit's highest vision for your life. Together as a community, we'll support each other in manifesting a future filled with growth, opportunities, and collective fulfillment.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.
And stay for the annual meeting!**

April 20th
Holistic Growth, No Quick Fixes

Dive into the powerful synergy of habit stacking, Earth Day's call to nurture our planet, and the transformative spirit of resurrection. Discover how small, mindful actions can cultivate lasting personal and spiritual growth, guiding you toward a more vibrant and sustainable future. Embrace the journey of true renewal and flourishing.



Staff Minister
Reverend Rachael Dilling

April 27th
*Embracing the Power of
Re-Generativity*

We'll explore how to cultivate continuous growth and renewal in our lives. We will delve into the principles of seeing challenges as opportunities for new beginnings learning how to integrate sustainable personal development practices into our daily routine, fostering a mindset of re-generativity that transforms every obstacle into a chance for growth.

**THIS SERVICE IS IN-PERSON (and online) AT THE MASONIC LODGE.
PLEASE SEE DETAILS BELOW.**

Center for Spiritual Living St George
Events and Information

IN-PERSON SUNDAY SERVICES!

**April 13th AND 27th
11:00am**

Come join us and bring a friend!!

262 S Mall Drive

Entrance at the white awning.

Meet and greet at 10:30.

Stay after for a treat (feel free to bring a dish to share!) and socializing.

Please remember the parking just outside the entrance (7 spots) is reserved for our guests with mobility needs.



ANNUAL MEETING

MARK YOUR CALENDAR!

ANNUAL MEETING

APRIL 13th

12:30pm

After Service

- Treasurer, Charles Smith, will provide current financial info.
 - Members will vote on NEW Core Council officers.
- We'll say Thank You to Sue Fullmer who ends her second term (six years) as Core Council Secretary.
- This is also your chance to ask questions and make suggestions.

DON'T MISS IT!!



Share Your Skills!

We invite you to join in on the fun, companionship, and joy of service in our expanding Center. It takes many hands to bring our vision into fruition. Here's how YOU can help:

- Organizing snacks for in-person services
- Sound tech. Allen provides training -

anyone can do it!

- Greeter at services. (Talk to Marina or Anna)
- Do a 2-3 minute reading at online services
- Help setup before in-person service (Just show up at 10am!!)

- Clean up after services (simply stay and lend a hand!)
- Keep your eyes open for our new permanent location

Email stgeorgecsl@gmail.com, revjoe@cslstgeorge.org, or anyone on Core Council to discuss the possibilities (email addresses on website). Or talk to us in person!!



USING THE LAW OF ABUNDANCE AND PROSPERITY

Give with Zelle: [HERE](#) are the instructions. EMail us if you need further assistance: treasurer@cslstgeorge.org

Give Online: Paypal link is on our website (grey button below): cslsg.org on the Donation page; or Paypal direct with **blue button below**.

Give by Mail: Send checks to CSLSG
PO Box 3132, St. George, UT 84771

Paypal online donation

Visit our Website

Centers for Spiritual Living Opportunities

<https://csl.org/>



Centers for Spiritual Living has a lot to offer at csl.org.

Published for nearly 100 years, Science of Mind magazine subscription can be obtained at:

<https://scienceofmind.com/subscribe/>

CLICK to request a prayer at [World Ministry of Prayer](#)

CLICK for [Heart of Peace Initiative](#)

CLICK for [Spiritual Living Circles](#)

CLICK for [CSL Books](#)

CLICK for [CSL Spiritual Tools](#)

St George Interfaith Council Opportunities

<https://www.stgeorgeinterfaithcouncil.org/>



Orthodox Church Groundbreaking

Tim McGeachy, CSLSG Member

This morning I attended the groundbreaking for the new St. George Orthodox Church in Washington City in the Coral Canyon Area. There were well over 100 people in attendance including the congregation and visitors. His Grace Bishop Anthony of Los Angeles (left) presided over the 30 minute ceremony, assisted by St. George Pastor Mykel Giannakakos (in black and gold) and other clergy. The special groundbreaking ceremony is performed very rarely since new Orthodox churches are rare and Father Mykel was honored to perform it.

The revered Saint George was honored during the prayer ceremony, which was performed mainly in song, as is typical in the Orthodox Church. Following the ceremony an outdoor reception was held in Highland Park on the ridge just above the site of the new church. Representatives from the architectural firm and the construction contractor were also in attendance. It was an exuberant morning for all.

Join us at the table.



The Living Last Supper

Songs and stories bringing DaVinci's masterpiece to life

Thursday, April 17, 2025 - 7pm



Shepherd of the Hills
United Methodist Church

920 W. Tonaquint Drive, St. George, Utah 84770 www.shumcStGeorge.com

Utah's maternal mental health referral network

Resources for anyone seeking help for maternal mental health



Maternal Mental Health

The Utah Maternal Mental Health Referral Network is a directory of healthcare professionals and organizations with specialized training in maternal mental health conditions.

The professionals listed on the network can help you and your loved ones with mental health questions and concerns throughout your parenthood journey—from planning your family, to experiencing infertility and loss, pregnancy, and during the postpartum period.

- ✓ Mental health therapists
- ✓ Support groups
- ✓ Doulas and more

If you or someone you know is experiencing a mental health crisis, call 988.



Access the Referral Network



04.23.2024

UNITED MELODIES

A CONCERT EXPERIENCE IN SOUTHERN UTAH

HOSTED BY THE UNITED CHURCH OF KANAB-FREDONIA

NOW SEEKING MUSICAL ACTS



26 JULY, 2025
JACKSON FLAT RESERVOIR, KANAB, UTAH

CONTACT: GAIL EVERHART
(317) 402-2791 GAILBE@SBCGLOBAL.NET

Visit our Website

Center for Spiritual Living St George | 435-893-6702 | stgeorgecsl@gmail.com | <https://www.cslsg.org>

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Center for Spiritual Living St. George | PO Box 3132 | St. George, UT 84771 US

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